



स्वास्थ्य एवं  
परिवार कल्याण मंत्रालय  
MINISTRY OF  
**HEALTH AND  
FAMILY WELFARE**  
सत्यमेव जयते

हाइट्स  **HITES**  
एचएलएल इन्फ्रा टेक सर्विसेस लिमिटेड HLL INFRA TECH SERVICES LIMITED  
(भारत सरकार का एक उद्यम) (A Government of India Enterprise)  
(An ISO 9001:2015 and ISO 14001:2015 Certified Company)

# AAROHAN

# आरोग्य

## HITES Healthcare Landscape



## YEARS

JUNE 2025



सत्यमेव जयते

स्वास्थ्य एवं  
परिवार कल्याण मंत्रालय  
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FAMILY WELFARE**





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## An Initiative of HITES

**Chief Patron:** D.P. Singh, CEO

**Patron:** A.S. Prasad, VP(ID) & Head (PMC) & K.J. Sreekumar, VP(IDS)

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**Designed & Curated by Ms. Navasha Khanna, Anannya Saraswat & Mr. Sanjay Dhawan (APAC Media)**

“

Today our focus is not only on health, but equally on wellness. We are focused on eliminating the factors responsible for illness, encouraging the society for wellness and making access to treatment of diseases inclusive.

**Shri Narendra Modi**  
Hon'ble Prime Minister of India







**जगत प्रकाश नड्डा**  
**JAGAT PRAKASH NADDA**



**मंत्री**  
**स्वास्थ्य एवं परिवार कल्याण**  
**व रसायन एवं उर्वरक**  
**भारत सरकार**

**Minister**  
**Health & Family Welfare**  
**and Chemicals & Fertilizers**  
**Government of India**



**MESSAGE**

I am happy that HLL Infra Tech Services Limited (HITES) is bringing out 2<sup>nd</sup> edition of Aarohan – The HITES Family Magazine, which serves as a platform to showcase the achievements, aspirations and contributions of HITES in the healthcare infrastructure sector, reflecting their commitment to excellence and innovation.

Over the years, HITES has played a critical role in strengthening healthcare ecosystem of the country and has contributed significantly in implementation of critical projects across the country. Through its expertise and commitment, it has set benchmarks in project execution, procurement and consultancy services.

I commend the entire HITES team for their unwavering dedication and extend my best wishes for “Aarohan 2025”. May this edition serve as an inspiration to achieve new milestones in the years ahead.

**(Jagat Prakash Nadda)**





**प्रतापराव जाधव**  
**PRATAPRAO JADHAV**



सत्यमेव जयते



राज्य मंत्री (स्वतंत्र प्रभार)  
आयुष मंत्रालय  
व  
राज्य मंत्री  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
भारत सरकार  
MINISTER OF STATE  
(INDEPENDENT CHARGE) OF  
MINISTRY OF AYUSH AND  
MINISTER OF STATE OF  
MINISTRY OF HEALTH & FAMILY WELFARE  
GOVERNMENT OF INDIA

### संदेश

स्वास्थ्य सेवा के बुनियादी ढांचे और सेवाओं में उत्कृष्टता के लिए HITES की अटूट प्रतिबद्धता के लिए मैं उसकी सराहना करता हूँ। समर्पण और नवाचार के माध्यम से, HITES भारत के स्वास्थ्य सेवा पारिस्थितिकी तंत्र को मजबूत करने में एक महत्वपूर्ण भूमिका निभा रहा है। "आरोहण", HITES की उपलब्धियों, लचीलेपन और भविष्य के लिए दृष्टि का एक प्रमाण है।

माननीय प्रधान मंत्री श्री नरेंद्र मोदी जी के कुशल नेतृत्व में और केंद्रीय स्वास्थ्य एवं परिवार कल्याण मंत्री श्री जगत प्रकाश नड्डा जी के कुशल मार्गदर्शन में सरकार सभी के लिए गुणवत्तापूर्ण स्वास्थ्य सेवा उपलब्ध कराने के लिए संकल्पबद्ध है।

HITES की पूरी टीम को उनके प्रयासों में निरंतर सफलता की कामना करता हूँ।

शुभकामनाओं सहित,

(प्रतापराव जाधव)

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पुण्य सलिला श्रीवास्तव, भा.प्र.से.  
सचिव

**PUNYA SALILA SRIVASTAVA, IAS**  
Secretary



सत्यमेव जयते



भारत सरकार  
स्वास्थ्य एवं परिवार कल्याण विभाग  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
Government of India  
Department of Health and Family Welfare  
Ministry of Health and Family Welfare



### Message

It is a pleasure to extend my best wishes to **HITES** on the release of **Aarohan 2025**, a testament to the organization's continuous growth and commitment to excellence in healthcare infrastructure and services.

HITES has been a key partner in advancing India's healthcare initiatives, ensuring efficient project execution and innovative solutions across the sector. Its dedication to quality, efficiency, and timely delivery has significantly contributed to strengthening the nation's healthcare landscape.

I appreciate the efforts of the entire HITES team and encourage them to continue their pursuit of excellence. May **Aarohan 2025** serve as a source of inspiration, fostering innovation and collaboration for a healthier future!

Best wishes for continued success!

Date : 07/04/2025  
Place : New Delhi

  
(Punya Salila Srivastava)

टीबी हारेगा देश जीतेगा / TB Harega Desh Jeetega

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### Message from the CEO

Dear HITES Family,

As we turn the pages of another remarkable year, I extend my heartfelt gratitude to each one of you. **Aarohan**, our annual celebration of progress and purpose, reflects the dedication, resilience, and collective spirit that define HITES.

This year, we've achieved exceptional milestones. We secured new business more than ₹3,800 Crores, and our works-in-hand now stand more than ₹13,400 Crores—a testament to the trust we've earned and the quality we deliver.

Notable achievements include; Onboarding AIIMS-CAPFIMS as a prestigious client through an MoU with the Ministry of Home Affairs, Govt. Also, being appointed Executing Agency for PM Ekta Mall at Aizawl, Mizoram, under the "One District, One Product" initiative and some prestigious projects under Ministry of Coal.

These accomplishments reaffirm our position as a trusted partner in public healthcare infrastructure.

As we move forward, let us continue to uphold the values of innovation, integrity, and inclusiveness, carrying our mission of Rising Together, Building the Future.

A special note of appreciation to the Aarohan editorial team for their excellent work in capturing and presenting our journey so beautifully.

With warm regards and best wishes,

D.P.Singh

Chief Executive Officer



“

भारत की अप्रोच सिर्फ Health-Care तक ही सीमित नहीं बल्कि हम एक कदम आगे बढ़कर Wellness के लिए काम कर रहे हैं। भारत में इलाज को affordable बनाना हमारी सरकार की सर्वोच्च प्राथमिकता रही है। Preventive Health-care को लेकर सरकार के प्रयासों का बहुत प्रभाव हुआ है।

**Shri Narendra Modi**  
Hon'ble Prime Minister of India







# Milestones

# Milestones

## Jan'24

- MoU signed with Power Finance Corporation for procurement of Blood Bank
- LOA received for 2 projects for the procurement of sports equipment and sanitary napkins by PFC
- MoU signed with ICMR for setting-up of NIV, Jammu.
- MoU signed with Tata Memorial Hospital, Mumbai for PSA
- MoU signed for construction of BSL-3 lab with ICMR, Jammu under PM ABHIM.

## Feb'24

- Hon'ble Prime Minister laid Foundation Stone of AIIMS, Rewari
- Hon'ble Prime Minister Inaugurated projects i.e. AIIMS Bhatinda, IPC Ghaziabad
- Hon'ble Prime Minister laid the foundation stone for BHU Varanasi, RML-Medical college, New Delhi, AIIMS-Bhopal\_PET CT Gamma Knife.
- LoA received for construction for medical college, Atal Bihari Vajpayee Institute of Medical Sciences in Dr. RML hospital, New Delhi.
- LoA received for supply of Manpower by IIT Kharagpur for 2nd phase under FMD to HITES.

## Mar'24

LoA received from NDMC for establishment and operations of Electric Vehicle Charging Stations (EVCS) for 08 locations under NDMC

LoA received from Govt. of Arunachal Pradesh for pilot project of Telehealth and RIS (Radiology Information System with PACS) for 2 districts.

## April'24

1. Tripartite MoU signed between CAPFIMS,AIIMS-Delhi and HITES for supply of medical equipment at 960 bedded CAPFIMS hospital at Maidangarhi, New Delhi
2. LOA received for IT infra works from AIIMS Patna

## May'24

1. LOA received for concept to commissioning wrt establishment of Township ,Sambalpur, Odisha for NLC India Limited
2. MoU signed between PFC and HITES for supply of sanitary napkins in Schools at Prayagraj .
3. MoU signed between HITES and KIIFCON for strategic business tie up
4. LoI received from University of Kerala for preparation of DPR and PMC works for establishment of Thanu Padmanabhan Centre of Excellence in Astronomy and Astrophysics.

## June '24

1. LoA received from Medical Education and Ayush Department , Govt of Maharashtra for 02 GMCH
2. HITES has been empaneled for the Construction and Development works at RIMS Imphal

## July'24

1. LoA received for the Detailed Design Consultancy for Kerala Rail Development Corporation Limited.

## August' 24

1. LoA received for Procurement and Supply of Medical Equipment to Republic of Zambia from Ministry of External Affairs (MEA)
2. LoA received for Supply and installation of 12 water tanks to Republic of Palau from Ministry of External Affairs (MEA).
3. LoA received for Construction of STP and ETP, Lab cum office ,all required Internal and External Pipelines at RIMS Imphal.

## September' 24

1. LoA received from MTDA for Construction of Unity Mall at State of Mizoram
2. LoA received Central Coalfield Limited Civil works, Ranchi, Jharkhand for PMC
3. LoA received for Establishment of Integrated Township, Admin office and other allied infrastructure in Dumka, Jharkhand.

## October' 24

1. LoA received for PMC work for Construction of 250 bedded hospital and residential quarters (Type-I,II,III,IV) at Institute of Mental Health ,Pune, Maharashtra

## November' 24

1. HITES signed PSA Agreement with Malabar Cancer Center, Society (MCCS) for procurement of High Energy Linear Accelerator.
2. HITES signed PSA Agreement with NIMS, Hyderabad for procurement of High Energy Linear Accelerator.



## December'24

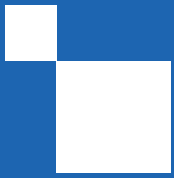
1. HITES appointed EA for construction of PM Ekta Mall at Aizwal, Mizoram.
2. Agreement signed between HITES and AIIMS, Bhopal for BMEM works
3. LoA received for Supply of Sea Ambulances to FIPIIC Islands from Ministry of External Affairs (MEA)

## January'25

1. LoA received for Supply of Sea Ambulances (04 nos.) to FIPIIC Islands from Ministry of External Affairs (MEA)

## February'25

- |   |   |
|---|---|
| 1. HITES appointed PSA for procurement of Medical Equipment for IGMCI, Shimla, HP     | Bone Marrow Transplant Centre at BMHRC, Bhopal, MP  |
| 2. LoI received for the const. of Medical College and Hospital at Washim, Maharashtra | 4. LoI received for Construction of New Domestic & International Hostel Projects in 05 University in Kerala |
| 3. HITES appointed PMC for Setting up of Tertiary Level CBRN Centre with Integrated   |   |



# Infrastructure Development Division

Executing Agency of Ministry of Health and Family Welfare, Government of India



## Services Offered



- Feasibility Studies
- Master Planning & Concept Planning
- Surveys and Geotechnical Investigations
- Preliminary Project Report (PPR)
- Detailed Project Report (DPR)
- Architectural, Structural Planning & Designing
- Tendering and Bid Process Management
- Project Monitoring and Contract Management
- Site Supervision

# Transforming Healthcare, Delivering Trust.



## About Us

HLL Infra Tech Services Limited (HITES), incorporated in 2014, is a 100% subsidiary of HLL Lifecare Limited (a Mini Ratna PSU) under the Ministry of Health & Family Welfare (MoHFW), Government of India. HITES is a Premium Consultancy Organization specifically positioned for Infrastructure Development and Procurement of Medical Equipment along with other allied services in the Healthcare Sector.

At HITES, we comprise a highly professional and experienced team of Architects, Engineers Procurement, and Bio-Medical Experts working in a highly enabled IT environment to meet the scheduled targets and ensure the best results. Professionals for construction management, contract management, finance, and legal expertise are on board to provide a complete range of services in the Healthcare Domain.



## Our Expertise

Medical Infrastructure Development, emphasising Concept-to-Construction & Commissioning inclusive of Design & Project Management Consultancy (PMC) as well as Engineering, Procurement & Construction (EPC) mode.

Procurement of all foreseeable medical, laboratory, and scientific equipment for offering services to multiple Government Hospitals and Medical Research Institutes.

Facility Management Support for new and existing hospitals including housekeeping, security services, and building facility maintenance. One-stop solution for comprehensive facility management!

Bio-Medical Engineering for equipment specification, post-installation testing, calibration labs & medical equipment maintenance.



## What Sets Us Apart?

HITES is nominated by the Ministry of Health & Family Welfare (MoHFW) as the "Executive Agency" for the Development of Infrastructure projects in the Public Sector. We are designated as the National Procurement Support Agency (NPSA) for the procurement of Medical Equipment & Goods in the Public Sector.

At HITES, we are committed to designing, building, procuring, installing, operating, and maintaining both healthcare infrastructure and accessibility to quality equipment from a single platform.

## Vision

To provide end-to-end services for establishing and maintaining world-class Healthcare facilities.

## Mission

To deliver excellence through high-quality services, precision-driven execution, and on-time project completion that exceeds expectations.

## Objective

To deliver end-to-end solutions for setting up and maintaining world-class healthcare facilities—powered by innovation and enriched with value-added services to elevate patient care and operational excellence.

# Our Offerings

## 1. Infrastructure Development

*Innovation, precision, and expertise for world-class results!*

- Feasibility Studies & Reports – In-depth analysis to evaluate project viability.
- Concept Planning & Surveys – Data-driven planning with surveys & geotechnical insights.
- Detailed Project Planning & DPR – Comprehensive reports for smooth execution.
- Architectural & Structural Design – Innovative, functional, and future-ready solutions.
- Project Management Consultancy – Expert oversight from start to finish.
- Tendering & Bid Management – Efficient procurement for optimal results.
- Construction Management & Supervision – On-site monitoring for quality & timelines.
- Project Monitoring & Contract Management – Ensuring compliance & efficiency.
- Post-Construction Maintenance – Sustaining long-term performance & reliability.

## 2. End-to-End Procurement Consultancy

*Smart, efficient, and high-quality procurement solutions!*

- Need Assessment – Tailored solutions for project-specific requirements.
- Strategic Procurement Planning – Optimized procurement strategies & technical specs.
- Bid Process Management – Transparent bidding for the best selection.
- Sourcing & Procurement – High-quality equipment, goods & services.
- Pre & Post-Shipment Inspection – Rigorous quality assurance.
- Installation, Testing & Commissioning – Efficient deployment & operations.
- Comprehensive Maintenance Support – Expert solutions for long-term reliability.

## 3. Comprehensive Facility Management Solutions

*Seamless Operations, Maximum Efficiency!*

- End-to-End Operations & Maintenance – Ensuring seamless facility performance.
- Integrated Building Management – Smart solutions for efficient infrastructure control.
- Expert Housekeeping – Spotless, hygienic, and well-maintained spaces.
- Security Services – 24/7 protection with trained personnel.
- Horticulture Services – Creating vibrant, green environments.
- Warehouse Management – Streamlined storage & inventory flow.
- Premium Hospitality Services – Exceptional guest experiences.

## 4. Bio-Medical Engineering

*Empowering healthcare with reliable, precision-driven tech solutions!*

- Precision Solutions – Safe, high-performing healthcare technology.
- Medical Equipment Maintenance – Ensuring peak performance.
- Calibration & Testing – Accuracy and compliance guaranteed.
- Inventory Mapping – Streamlined equipment management.
- Functional Status Mapping – Clear equipment classification.
- Equipment Classification – Functional, Non-Functional, Repairable, or NR.
- Tagging – Easy tracking and identification.
- Third-Party Inspection – Trusted, independent quality checks.

## 5. Additional Innovative Services

- Health Management Information System – Smarter decisions through streamlined healthcare data.
- Telemedicine Solutions – Enabling seamless virtual patient-doctor connections.
- EV Charging Station – Establishment & operation for a greener future.
- E-Library – Empowering knowledge with digital access.





# Major Works Completed 2024-25

# Major Works Completed

S.No	Project	Cost (₹ Cr)
1	750 Bed AIIMS at Gorakhpur, U.P	1011
2	750 Bed AIIMS at Bathinda, Punjab	925
3	750 Bed AIIMS Guwahati, Assam	1123
4	JIPMER Phase I,II & III, Puducherry	756
5	ESIC Hospital, Paripalli, Kerala	480
6	801 Bed Pediatric Hospital and Hostel Block at UNMICRC, Ahmedabad	307
7	Upgradation of GMCs at Agra, Kanpur, Darbhanga and Muzaffarpur (PMSSY III & IV)	360
8	300 Bed Teaching Hospital and Medical College at Konni, Kerala	167
9	Tata Memorial Centre, Mumbai (Phase I&II)	150
10	198 Bed Upgradation of 120 Bed JNMC, Aligarh, U.P	110
11	441 Bed Upgradation of Salem Medical College, Tamil Nadu	103
12	203 Bed Upgradation of Bangalore Medical College, Karnataka	100



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गंदगी से फैलने वाली बीमारियों से बचाने के लिए स्वच्छ भारत अभियान हो, धुएं से होने वाली बीमारियों से बचाने के लिए उज्ज्वला योजना हो, प्रदूषित पानी से होने वाली बीमारियों से बचाने के लिए जल जीवन मिशन हो, ऐसे अनेक initiatives के बेहतर परिणाम आज देश के सामने आ रहे हैं।

**Shri Narendra Modi**  
Hon'ble Prime Minister of India





# Glimpses





HITES CEO Shri D. P. Singh Meets and Greets Union Health Minister Shri J. P. Nadda on New Year

Shri D. P. Singh, CEO of HITES, extended warm New Year greetings to Hon'ble Union Minister of Health & Family Welfare, Shri J. P. Nadda. The meeting reflected HITES' continued commitment to enhancing healthcare infrastructure and supporting national health initiatives in the year ahead.



# Hon'ble HFM Shri J. P. Nadda Visits GMCH Darbhanga, Bihar



Union Health Minister Shri J. P. Nadda visited Government Medical College & Hospital (GMCH), Darbhanga, Bihar, to review ongoing developments and healthcare infrastructure. The visit underscored the government's commitment to strengthening medical facilities and enhancing healthcare services in the region.

# Strengthening India's Fight Against TB!



As part of the '100 Days TB Campaign', HITES proudly launched a TB awareness drive, flagged off by our esteemed CEO, Shri D. P. Singh. This initiative, an endeavour of the Ministry of Health and Family Welfare (MoHFW), was officially launched by the Union Minister of Health and Family Welfare, Shri Jagat Prakash Nadda.

The campaign aims to accelerate the fight against TB by improving case detection, reducing diagnostic delays, and enhancing treatment outcomes, especially for vulnerable populations. Spanning 347 districts across 33 states and union territories, this initiative is a vital part of India's mission to eliminate TB and build a TB-free nation.

At HITES, we are honoured to contribute to this important cause, raising awareness through Informative, Educational, and Communication (IEC) material, and empowering communities with knowledge on prevention, early diagnosis, and treatment.

Together, let's join hands to support the 100 Days TB Campaign and work towards a healthier, TB-free India



# CEO's Visit to AIIMS Bibinagar

HITES CEO Shri D. P. Singh visited the AIIMS Bibinagar project site to review the progress and ensure smooth execution of ongoing works. His visit emphasized HITES' commitment to delivering world-class healthcare infrastructure with efficiency and excellence.





# HITES Conducts Annual Plan Workshop 2024

HITES successfully conducted the Annual Plan Workshop 2024 to strategize and finalize turnover and new business targets for all divisions. The workshop focused on setting ambitious yet achievable goals, reinforcing HITES' commitment to growth and excellence in the healthcare infrastructure sector.





# HITES Celebrates its 11th Foundation Day with the Launch of 'Aarohan' – The First Edition of HITES Family Magazine

HITES marked its 11th Foundation Day with grand celebrations, reflecting on its journey of excellence and growth. On this special occasion, the organization proudly launched the first edition of its family magazine, 'Aarohan', a testament to the achievements, milestones, and collaborative spirit of the HITES family. The event was graced by senior leadership and employees, making it a memorable celebration of progress and camaraderie.





# Shri K. J. Sreekumar, VP (IDS), Meets Maharashtra Medical Education Minister Shri Hasan Mushrif

Shri K. J. Sreekumar, Vice President (IDS), HITES, met Shri Hasan Mushrif, Hon'ble Minister of Medical Education, Maharashtra, in Mumbai. The meeting focused on strengthening healthcare infrastructure and exploring collaboration opportunities in the medical education sector.





# HITES at Arab Health 2025

HITES proudly participated in Arab Health 2025, one of the largest healthcare events in the Middle East, held from January 27-30 at the Dubai World Trade Centre.

In the picture, HITES CEO Shri D. P. Singh can be seen alongside Dr. Unnikrishnan S.M, VP (HLL), representing our commitment to global healthcare collaborations and innovations.





# HITES Celebrates Diwali with Enthusiasm and Festive Spirit

HITES celebrated the festival of lights with great enthusiasm, fostering a spirit of joy, togetherness, and cultural vibrancy. The celebrations featured a Rangoli Competition, where employees showcased their artistic skills, creating intricate and colorful designs symbolizing prosperity and happiness.

Adding to the festive fervor, a Kids' Dance Competition and Rangoli Making Competition was organized, where young talents lit up the stage with their energetic performances. The event saw active participation from employees and their families, making it a memorable occasion for all.

The celebration reflected HITES' commitment to fostering a positive and inclusive work environment, where traditions and festivities bring people together.





# HITES Celebrates Holi with Colors of Joy and Unity

HITES embraced the spirit of Holi with vibrant celebrations, bringing employees together in a festival of colors, camaraderie, and festive cheer. The event was marked by enthusiasm, music, and the essence of togetherness.





# HITES Celebrates Women's Day with Enthusiasm and Appreciation

HITES honored Women's Day with vibrant celebrations, recognizing the contributions of women in the workplace and beyond. The event featured inspiring talks, fun activities, and a special appreciation ceremony, reinforcing the commitment to gender equality and empowerment.





# HITES Celebrates Independence Day & Republic Day with Patriotic Fervor

HITES marked Independence Day and Republic Day with grand celebrations, featuring flag hoisting, cultural performances, and inspiring speeches. Employees came together to honor the nation's journey, reflecting on its progress and reaffirming their commitment to excellence and service.







## HITES Conducts GeM Training for Employees



HITES organized a comprehensive training session on the Government e-Marketplace (GeM) to enhance employees' understanding of procurement processes. The session focused on best practices, compliance, and efficient utilization of the platform, ensuring seamless procurement operations.



# हाइट्स में हिंदी पखवाड़ा का आयोजन

हाइट्स ने राजभाषा हिंदी के प्रचार-प्रसार को बढ़ावा देने के लिए हिंदी पखवाड़ा का आयोजन किया। इस दौरान विभिन्न प्रतियोगिताएँ, कार्यशालाएँ और संवाद सत्र आयोजित किए गए, जिसमें कर्मचारियों ने उत्साहपूर्वक भाग लिया। हिंदी के प्रति जागरूकता और इसके कार्यालय को प्रोत्साहित करने के लिए यह एक महत्वपूर्ण पहल रही।





# HITES Showcases PM Ekta Mall Proceedings in Mizoram



The HITES team had the privilege of presenting the PM Ekta Mall proceedings in the esteemed presence of the Hon'ble Health Minister and the Director of MTDA. Leading the efforts was Shri A. S. Prasad, VP (IDN) & Head (PMC), who highlighted HITES' role in advancing this significant initiative in Mizoram.





# HITES Employees Take Pledge on Vigilance Awareness Week



During Vigilance Awareness Week, HITES employees reaffirmed their commitment to integrity, transparency, and ethical practices by taking the Vigilance Pledge. The initiative emphasized the importance of honesty and accountability in professional conduct, reinforcing the organization's dedication to good governance and ethical business practices.

# HITES Leadership Monitors Progress of National Centre of Ageing at IMS, BHU Varanasi

CEO HITES, along with Shri A.S. Prasad, VP (IDN) & Head (PMC), conducted frequent site visits to oversee the construction of the National Centre of Ageing at IMS, BHU Varanasi. Their visits ensure seamless execution, adherence to timelines, and high-quality infrastructure development in this vital healthcare project.





# Shri A.S. Prasad Reviews GMCH Darbhanga Site Ahead of Inauguration by Hon'ble HFM

Shri A.S. Prasad, VP (IDN) & Head (PMC), HITES, visited and monitored the GMCH Darbhanga site to ensure all preparations were in place ahead of its inauguration by the Hon'ble Health & Family Welfare Minister. His visit focused on reviewing the final stages of construction, infrastructure readiness, and quality compliance to ensure a smooth and successful launch of the facility.





# HITES at the 78th Depot Commanders Conference on Medical Logistics & Supply Chain Management!

We are proud to have participated in the 78th Depot Commanders Conference on Medical Logistics and Supply Chain Management, held on 9th-10th January 2025 at Army Hospital (R&R), Delhi, organized by Armed Forces Medical Services.

This prestigious event provided a platform to discuss advanced medical logistics, efficient supply chain strategies, and future-ready solutions for healthcare delivery in the Defence sector. HITES remains committed to supporting India's healthcare infrastructure and procurement excellence through innovation and collaboration.

- Strengthening partnerships
- Enhancing supply chain efficiency
- Driving healthcare innovation

#HITES #MedicalLogistics #SupplyChainManagement

#HealthcareInnovation #ArmedForces #DefenseHealthcare

#StrategicPartnerships




# HITES Participates in International Conference on Multidisciplinary Management & Sustainable Development

HLL Infra Tech Services Ltd. (HITES) had the honor of participating in the **International Conference on Multidisciplinary Concepts in Management, Sustainable Development & Global Green**, organized by **G.L. Bajaj Institute of Technology & Management**.

**Shri Shailesh Bindal, AVP (PCD)**, represented HITES at this insightful event, which brought together experts, industry leaders, and academicians to discuss cutting-edge strategies for **sustainability, green innovations, and global development**.

HITES remains dedicated to fostering environmentally responsible solutions and integrating **multidisciplinary advancements in management, infrastructure, and healthcare**.

Key Focus Areas:
Sustainability & Green Innovations 
Multidisciplinary Management Strategies 
Global Collaboration for a Better Future 

Through its continued participation in such thought-leadership forums, HITES reaffirms its commitment to building a greener, smarter, and more sustainable future.

# HITES Signs Agreement with CAPFIMS - AIIMS for Procurement & Supply of Medical Equipment and Furniture

HLL Infra Tech Services Ltd. (HITES) has signed a significant agreement with CAPFIMS - AIIMS for the procurement and supply of medical equipment and furniture to the prestigious institute. This collaboration underscores HITES' commitment to strengthening India's healthcare infrastructure by ensuring access to high-quality medical equipment and state-of-the-art facilities.

Under this agreement, HITES will leverage its expertise in procurement consultancy and supply chain management to equip CAPFIMS - AIIMS with cutting-edge medical technology and essential furniture, facilitating world-class healthcare services.

This partnership further reinforces HITES' role as a trusted procurement partner in the healthcare sector, supporting institutions across India in their mission to deliver excellence in patient care.





# HITES Signs Agreement with Institute of Medical Sciences, BHU, Varanasi as Procurement Support Agency

HITES has signed an agreement with the **Institute of Medical Sciences, Banaras Hindu University (IMS-BHU), Varanasi**, appointing HITES as the **Procurement Support Agency (PSA) for medical equipment procurement**.

This strategic partnership aims to streamline the procurement process, ensuring the timely acquisition of high-quality medical equipment for IMS-BHU. With this agreement, **HITES continues its commitment to supporting leading medical institutions across India**, reinforcing its role in advancing healthcare infrastructure and procurement management.



# HITES Signs Agreement with Govt. of Himachal Pradesh for MRI 3T Procurement

HITES has signed an agreement with the Government of Himachal Pradesh for the procurement and supply of a 3 Tesla (3T) MRI machine to various institutes.

This collaboration aims to enhance diagnostic capabilities and healthcare services in the state. As a leading healthcare procurement agency, HITES remains committed to strengthening medical infrastructure across India.





# HITES Signs Agreements with Govt. of Maharashtra & KIIFCON, Kerala for Healthcare Infrastructure Development

HITES has signed agreements with the **Government of Maharashtra for the Latur Project** and with **KIIFCON, Kerala** to support **healthcare infrastructure development**.

These collaborations aim to enhance **medical facilities**, **strengthen healthcare services**, and **drive infrastructure growth** in both states. HITES continues to play a key role in **advancing healthcare projects across India** through its expertise in project management and procurement.



# HITES Signs Agreements with Deans of Various Colleges in Madhya Pradesh for Facility Management Services



Signing of Agreement with Hon. Dean GMC Bhopal



Signing of Agreement at BMC Sagar



# HITES Signs Agreement with MIMH Pune to Strengthen Healthcare Infrastructure

HLL Infra Tech Services Ltd. (HITES) has signed an agreement with the Maharashtra Institute of Mental Health (MIMH), Pune, on 7th October 2024. This partnership aims to enhance healthcare infrastructure and services, reinforcing HITES' commitment to advancing medical facilities across the country.



# HITES Leadership Visits Dholera Multispecialty Healthcare Facility Site

Shri K.J. Sreekumar, VP (IDS), and Shri Anil A.R, AVP (IDS), visited the construction site of the Multispecialty Healthcare Facility at Dholera, Gujarat. Their visit focused on monitoring the project's progress and ensuring timely execution. The initiative aims to enhance healthcare infrastructure in the region, aligning with HITES' commitment to excellence in healthcare development





# HLL Recreation Club Football Tournament: Inter CHO FC Secures Runner-Up Position

In the HLL Recreation Club Football Tournament held on March 22, 2025, Inter CHO FC—a combined team of HITES and the IT Department of HLL (with only two players from IT) led by Adarsh—secured the runner-up position.

The thrilling final match ended in a 1-1 tie after extra time, leading to a nail-biting penalty shootout (5-4), where the winner was ultimately decided. It was a remarkable display of teamwork and sportsmanship!



“

देश अपने हर नागरिक के लिए गुणवत्तापूर्ण व किफायती स्वास्थ्य सेवाएं प्रदान करने के लिए कृतसंकल्पित है। आयुष्मान भारत योजना और आयुष्मान आरोग्य मंदिरों में विभिन्न रोगों की जांच से लेकर इसके उपचार तक मरीजों को सभी आवश्यक सुविधाएं प्रदान कराई जा रही हैं।

**Shri Narendra Modi**  
Hon'ble Prime Minister of India







# Creative

## Corner

# Ethical Challenges In Balancing Modern Lifestyle And Work Life

Aswathy Suresh L, Asst Manager (Civil)  
Aswathy AJ Site Engineer (Civil)

## Introduction

In the fast-paced domain of modern corporate settings, the pursuit of work-life balance has emerged as a crucial concern, reflecting the dynamic interplay between professional and personal spheres. Attaining work-life balance is crucial for enhancing employee well-being, boosting job satisfaction, and driving overall organizational success. To achieve work-life balance, it is pivotal to create a supportive and motivating work environment that allows individuals to balance their work and personal responsibilities and activities, leading to increased productivity, commitment, and loyalty. Despite that, achieving work-life balance may be a priority and desire of an individual employee. However, it is not his or her sole responsibility to be a Solitary defender



economic changes. Nowadays, work and personal life were viewed as distinct entities, with a clear demarcation between professional responsibilities and personal pursuits. But, as industrialization, globalization, and technology advanced, this demarcation blurred, necessitating a reconsideration of the relationship between work and life. One of the key ways that shapes work-life balance is through the implementation of flexible work arrangements. This should include initiatives such as remote work policies, flexible time, and compressed workweeks. The Remote work, in particular, gained prominence, offering employees the flexibility to work from different locations. The COVID-19 pandemic accelerated this trend, forcing the organizations to adopt remote work on a large scale. Organisations were instrumental in developing and implementing policies that supported remote work while addressing associated challenges such as communication, collaboration, and performance management



## Work-Life Balance

Work-life balance has advanced into a critical consideration in modern workplaces, reflecting the changing dynamics of employment and the recognition that employee well-being directly impacts organizational success and address issues promptly. The concept of work-life balance has undergone a transformative journey, influenced by societal, technological, and



## Challenges in Achieving work life balance

One of the main challenges organizations face while implementing work-life balance initiatives is resistance to change. Resistance to change can portray at various levels within an organization, from employees to leadership, creating hurdles in the successful adoption of work-life balance policies. High workloads are one of the foremost obstacles to work-life balance. Employees find themselves distressed by the sheer volume of tasks, deadlines, and responsibilities. This may lead to long working hours, leaving little time for personal pursuits or relaxation. Organizations that constantly overburden employees risk fostering burnout and diminishing long-term productivity. Organizations that lack supportive policies such as flexible working hours, remote work options and clear boundaries for after-hours communication further exacerbate work-life balance challenges. Without such measures, employees left to navigate work demands on their own, often at the cost of their personal well-being. In some workplaces, poorly defined roles and overlapping responsibilities can increase demands on employees. When individuals are uncertain about their tasks or expected to perform beyond their job descriptions, the resulting confusion and pressure can make achieving work-life balance even harder. In industries where job security is hesitant, employees may feel obligated to overwork to prove their value. Similarly, economic pressures may push individuals to take additional roles or extended hours, leaving little room for personal time. Managers play a crucial role in shaping work demands. Unsupportive or demanding leadership styles, such as micromanagement or setting final-hour timelines, can increase stress and disrupt work-life balance. Conversely, empathetic leaders who prioritize employee well-being can help relieve these challenges.

## Challenges in Achieving Work-Life Balance



## Balancing Personal and Professional life

Successful work-life balance initiatives enhance and heightened job satisfaction among employees. When individuals feel that their personal and professional lives are in harmony, they are more likely to acquire satisfaction from their work. This satisfaction, in turn, transforms into increased engagement and commitment to organizational goals. Employees who experience a balance between their work and personal lives are more motivated and diligent. When individuals feel endorsed in managing their responsibilities outside of work, they are better able to focus and perform optimally during work hours. This increased motivation impacts positively the overall organizational productivity. Organisation should focus on creating inclusive work environments that consider diverse backgrounds, abilities, and family structures. Inclusive work-life balance initiatives recognize and accommodate the unique needs of employees, empowering a culture that values diversity and ensures that work-life balance policies are accessible and equitable for all. We should utilize flexible policies to prioritize both professional and personal commitments, fostering a balance tailored to individual needs. Work-life balance build a sense of trust and loyalty between employees and the organization.

## Final Insights

Work life balance provides a transformative approach in managing the complexities of modern life, which enables individuals to effectively harmonize their professional and private spheres. Through flexibility, clear boundaries, and self-care, employees can achieve a healthy work-life that promotes overall well-being and satisfaction. As we continue to adapt to the changing world of work, taking into account the principles of work life balance will be important to promote a balanced and fulfilling lifestyle. By embracing flexible work arrangements and learning how to delegate effectively, individuals can further optimize their work life balance and promote greater satisfaction and wellbeing in both professional and private spheres. Discipline plays a crucial role in achieving work-life balance by enabling individuals to effectively manage their time, prioritize tasks, set boundaries between work and personal life, and resist distractions, ultimately allowing them to dedicate focused quality time to both their professional and personal pursuits without feeling overwhelmed. In conclusion, discipline is a fundamental element in achieving a balanced work life by enabling individuals to effectively manage their time, set priorities, and maintain clear boundaries between their professional and personal spheres, leading to an increased productivity and overall well-being.





# Enhancing Focus and Memory in Workplace

Arunima J Prasad, APE (C)

One of the most remarkable challenges we are facing in workplace during multitasking and busy schedules is lacking focus and concentration. Within focus, memory plays a crucial role in finishing tasks. We often tend to forget things when we move with a lack of focus.

In a work space, we have to remember a lot of information, yet we cannot always rely on a diary or other note-taking tools. Hence enhancing our memory is critical. Regaining the memory and focus can help in achieving the goals within the scheduled time and it enable us to excel in our duties.

## But what causes this problem?

The main reason for the above is surplus information in our brain. Daily we are getting huge data from our surroundings, news, social media, work place etc and we are learning new things also. When we are overwhelmed with excess information, we tend to forget certain things especially those are not properly connected to our mind.

The processing level of information is different and depend upon the content level. Some information is easily understood and grasping will be easy. But some details will not be well connected with our mind and makes them difficult to remember.

A helpful technique to improve memory is to get a thorough understanding of the concepts. We need to make this as a habit to gain in-depth knowledge about the topic. This will increase the confidence in our memory and lead us to perform well. Convincing yourself of having thorough knowledge and good

memory about the topic will help us to increase the confidence level and enhance the ability to retain information

For example, consider how we remember movies effortlessly. We can recall the details of a two-and-a-half or a three-hour film, yet we struggle to remember key points from a document we read or a meeting we attended. This happens because of two main reasons:

- a. Emotional connection – Movies engage us emotionally, making information more memorable.
- b. Comprehensive understanding – Films provide a clear storyline with visual and auditory elements that enhance memory.

We can apply this principle in the workplace also. Try to connect emotionally with the information you need to remember. Visualization is a powerful tool. In construction-related works, you can easily picturize the design of building or construction process in your mind and this can make it easier to memorize and to execute the work.

By improving visualization skills and forming deeper connections with the information we get, we can considerably enhance our memory and performance at work.

Another important aspect is “focus”—how we can maintain strong concentration in our daily task.

Focus depends on how you are motivated to do the activity and how much you engage to it. You should feel self-motivated and give more value to your personal and professional growth. To create the sense of value, you need to ensure that whatever you do is productive.

## How can we develop better focus?

First of all, be mindful on what you are doing. Concentrate totally on the task in hand. Multi-tasking often reduces concentration and focus, leading to incomplete or poorly finished task. For making excellent output, always focus on one task at a time.

Work-life balance also plays an important role. It's natural to think about personal matters when we are at work. But, it is important to minimize the time spent on such thoughts. A known effort of reminding yourself that you are in a professional space where productivity is essential is very much beneficial. If your efficiency decreases, it affects not just you but also your colleagues and the entire organization.

To-Do List	<ul style="list-style-type: none"><li>• Start your workday with making a list of task you need to complete</li><li>• Remain discipline to it</li><li>• Avoid distraction</li></ul>
Personal Work Diary	<ul style="list-style-type: none"><li>• Make note for meetings, discussions, actions</li><li>• Informations gained</li><li>• Write Note down the knoweldge aquired</li></ul>
Get whole knowledge	<ul style="list-style-type: none"><li>• Develop a clear understanding of the entire project task</li><li>• Improve team work</li></ul>

By following these habits, you can improve focus, increase productivity, and create a more fulfilling work experience.



# The 4 C's Of 21st-Century Skills: Key To Successful Career

Arunima J Prasad, APE (C)



Communication



Collaboration



Critical Thinking



Creativity

In this dynamic world, a degree or technical knowledge will not be sufficient for the successful career. To overcome the challenges and succeed in life we have to expand our skills. Many of these skills are identified and referred as 21st-century skills, because they are necessary to meet the changing demands of modern life style. Among them, the **Four C's—Communication, Collaboration, Critical Thinking, and Creativity**— have a big impact on the professional life.

Effectively developing these four qualities can increase our capacity for problem-solving, productivity, and efficiency. Here we can go through how these skills contribute to professional development.

## 1. Communication: The base of Clarity and Decision-Making

Effective communication is the pillar of any successful organization. If the informations are communicated clearly it reduces the misunderstandings and promoting a smooth workflow. In a professional environment, strong communication skills help individuals to:

- Clearly express their thoughts, ideas, and concerns.
- Avoid mistakes from confusion and misinterpretations.
- Create and maintain relationships with client and co-workers.
- Improve team work and collaboration by ensuring equality to everyone.
- Promoting open discussions and feed backs helps for the smooth functioning of working system and enhances decision-making. When workplace has a proper communication system, work efficiency of the employees will be high and these minimizes errors and maximizes output.

## 2. Collaboration: The Power of Teamwork in Achieving Success

Teamwork guarantees success. For any project collaboration and team work leads to success. When the employees work together for a common goal, the team strength and support help to reach the goal effortlessly.

Unity is always powerful. If one person in a team is against the goal or

# The 4 C's Of 21st-Century Skills: Key To Successful Career

incorporative or non-communicative, progress of the task will be affected.

Advantages of team work are,

- Team work boosts employee morale and motivation, hence unlocks potential and innovations.
- It improves efficiency and better results.
- Cordial relationship of the team members with mutual respect and trust creates a positive working environment.
- Increased levels of job satisfaction and productivity.
- Developing confidence and Stress reduction

## 3. Critical Thinking: The Key to Problem-Solving

As a professional we are not just executing assignments. Before execution we must plan, analyse, evaluate and make conclusions based on the professional experience. Critical thinking is self-guided, self-disciplined thinking to arrive at a judgment. This allows employees to examine and analyses intellectually instead of solving issues as studied on textbooks.

- It improves decision-making.
- It improves adaptability and helps to navigate from challenges effectively.
- Improves conflict resolution
- Supports ethical decision-making

In field like construction, marketing, and management, employees need to think on their feet and solve problems instantly. The result of examining things from different angles gives better solutions and improved outcomes.

## 4. Creativity: The motivation for Innovation

Creativity in work is essential in the developing work environment. Being creative allows you to work smarter rather than harder, which can boost output and fight job stagnation.

- It promotes new ideas and new opportunities.
- It helps in decision-making and out-of-the-box thinking.
- It helps to find alternative solutions or to develop a new strategies.

Creative solutions are inevitable in the developing professional world and it improves productivity and view challenges from a new prospective and this helps to grow professionally with demand.

Conclusion: The Four C's as a Success formula

**The Four C's**—Creativity, Critical Thinking, Collaboration, and Communication—are the cornerstones of success in any modern work environment. Developing your skills in these areas will help you standout in the competitive job market and help you become a leader.

In today's changing work environment, professionals who work together mastering these 4Cs will empower their career and helps to exit from complex situations with better solutions. When the four Cs are applied well by the people who are good at communicating, working with others, thinking critically, and coming up with new ideas will dominate the future.



# Thriving In The World of Motherhood & Career

Reshma S, APE (C)



Balancing motherhood and professional life is a challenge that many women face today, and it's often difficult to manage both. As a part of patriarchal society, we are expected to juggle the responsibilities of motherhood with the demands of our professional life. Household tasks, childcare, and professional duties all require careful attention, making it essential to find the right balance.

Modern mothers are expected to excel in their career while simultaneously fostering their children, managing households, and maintaining their own well-being. Achieving a healthy work-life balance is important for both personal fulfilment and family harmony. While challenging, it is essential to successfully navigate the dual responsibilities of motherhood and professional career with the right mindset, strategies, and support. One of the biggest challenge working mothers face today is time management.

The demands of career, including meetings, deadlines, and long working hours, often conflict with the responsibilities of childcare, school activities, and household tasks. Many working mothers experience guilt, feeling as though they are either neglecting their children or falling short in their professional roles. Additionally, societal expectations often place undue pressure on mothers to perform flawlessly in both areas, leading to stress and burnout.

I strongly believe that the time I sacrifice from social media is well worth it. While spending more time on my phone could offer temporary distractions, both my child and I would miss out on precious moments, and those memories can never be recalled. So, even though I may have given up some of those digital moments, I am content now. I feel fulfilled because I've created more quality time to spend with my child and ensuring his happiness. Managing quality time helps me in fulfilling motherhood responsibilities and my professional duties. This commitment means I often don't have time to scroll through social media. While also ensuring my mother hood responsibilities, I am managing my professional responsibilities effectively.

Spending too much time on childcare can sometimes limit our ability to focus on work, but by making an extra effort to manage both, will give satisfaction in both roles. The key lies in effective time management and prioritizing activities .

Understanding what to enjoy, and what to sacrifice helps to create a well-balanced and fulfilling life, thereby enjoying mother hood and professional career.



# Yoga: A Holistic Path To Stress Relief And Improved Workplace Performance

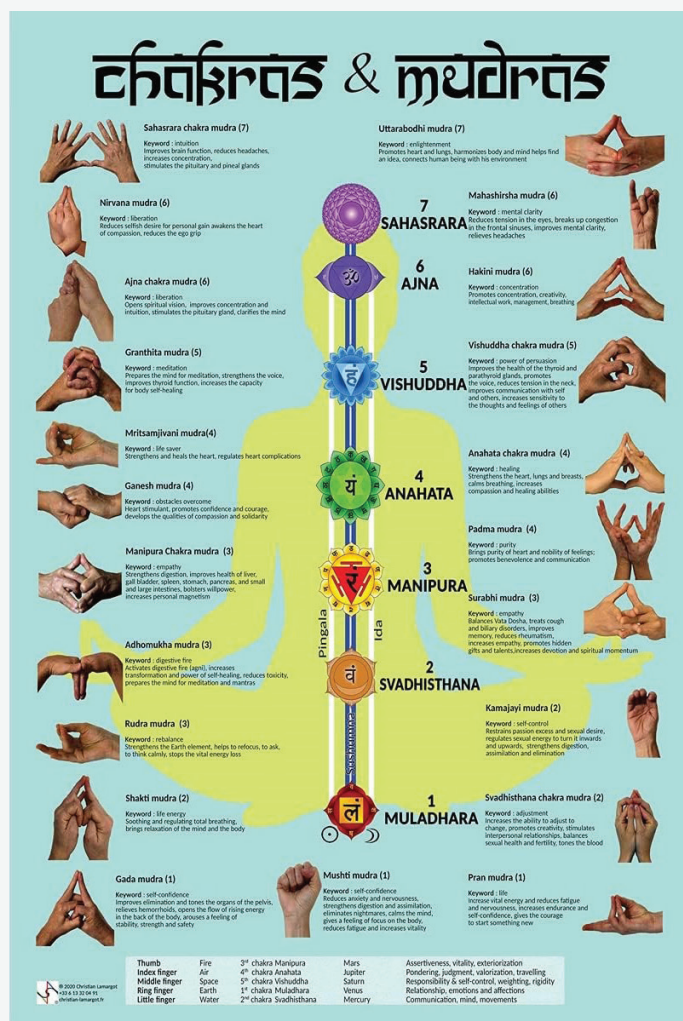
Angela Mary George, Manager (Civil)

In today's demanding work culture, stress is a prevalent issue that hampers both efficiency and overall well-being. Incorporating yoga into the workplace provides a comprehensive solution to managing work-related stress and enhancing productivity.

## UNDERSTANDING YOGA

Yoga is an ancient discipline that integrates physical postures, breathing techniques, meditation, and mindfulness to promote holistic well-being. Originating in India over 5,000 years ago, yoga aims to unify the mind, body, and spirit, fostering physical flexibility, mental clarity, and emotional stability. Once rooted in spirituality, yoga is now backed by scientific research in neuroscience, psychology, and physiology, demonstrating its positive impact on mental and physical health. International Yoga Day, observed on June 21 each year, symbolizes renewal, energy, and light, emphasizing yoga's significance in promoting inner peace and well-being.

## • BENEFITS OF YOGA FOR WORKPLACE STRESS



of energy in those chakras. Incorporate yoga into your workday to improve your posture and productivity. Harvard research found that workplace yoga interventions can reduce perceived stress and back pain and other proven benefits:

**Stress and Anxiety Reduction:** Techniques such as deep breathing, meditation, and mindful movements help calm the nervous system, alleviating stress and anxiety during busy workdays.

**Enhanced Focus and Concentration:** Regular practice sharpens mental clarity and focus, enabling employees to manage tasks efficiently.

**Physical Tension Relief:** Yoga stretches ease muscle tension caused by prolonged sitting, improving posture and reducing discomfort.

**Increased Energy Levels:** Yoga revitalizes the body and mind, preventing fatigue and boosting energy throughout the day.

**Emotional Well-being:** Mindfulness practices enhance emotional stability, allowing employees to tackle workplace challenges calmly.

In yoga, chakras are energy centres in the body, and mudras are hand gestures that help balance the flow

Improved Team Morale: Group sessions foster a sense of community, boosting teamwork, morale, and job satisfaction.

Encouragement of Work Life Balance: Yoga promotes relaxation techniques that extend beyond work, encouraging a healthier lifestyle

## • IMPLEMENTING YOGA IN THE WORKPLACE

Forget the need for a 'yoga mat' or a 'balcony with a sunrise view'—these yoga asanas can be easily performed while seated at your office desk. Remember, the aim is to boost productivity, not to squander time. Here's how you can seamlessly incorporate yoga into your work routine:

### YOGA AT YOUR DESK/CHAIR

Following are some yoga practices you can easily perform at your work desk:

1. **Desk yoga breathing :** Gently close your eyes, inhale deeply through your nose, and slowly exhale through your mouth. This simple breathing exercise boosts oxygen flow, alleviates mental stress, and enhances mental clarity.
2. **Easy Meditation:** Sit comfortably with both feet firmly on the floor. Gently close your eyes, focus on your breathing, and clear your mind. This practice

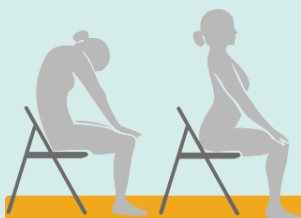
promotes relaxation, reduces stress, and enhances concentration.

3. **Seated spinal twist:** While seated, place your right hand on the back of your chair and gently twist your upper body to the right, gazing over your right shoulder. Hold for a few breaths, then repeat on the left side. This stretch relieves spinal tension and supports healthy digestion.
4. **Chair pigeon pose:** While seated, place your right ankle over your left thigh, keeping your right foot flexed. Gently lean forward until you feel a stretch in your hips and glutes. Hold for a few breaths, then switch sides. This pose helps release tight hips and alleviate back tension.
5. **Desh shoulder opener:** Clasp your hands together behind your back and lift your chest to stretch your arms. If your hands don't meet, use a towel for support. This stretch improves posture and enhances shoulder flexibility.

## 5-MINUTE BREAK OFFICE YOGA

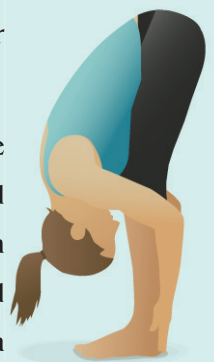
Once you've mastered desk yoga, take short mindful breaks with these simple asanas during mindful breaks:

- The seated cat-cow stretch :Sit with your feet flat on the ground. Inhale as you arch your back and lift your gaze (cow pose). Exhale as you round your shoulders and tuck your chin (cat pose). Move in sync with your breath to improve flexibility and release spinal tension.
- Standing forward fold : Stand with your feet hip-width apart. Bend forward to reach for your toes while keeping your legs straight. If necessary, bend your knees slightly. Let your head and neck relax.



This stretch relieves tension in your hamstrings, neck, and back.

**INFERENCE :** While modern medicine effectively addresses many physical and psychological ailments, it often falls short in nurturing emotional and intellectual well-being. Yoga offers a holistic approach to health, fostering inner peace and overall wellness. By integrating yoga into the workplace, organizations can support employees' mental and physical health, leading to a more productive, satisfied, and harmonious workforce.





# The Standing of Professionalism in Business Development

Megha RK, Manager, Business Development



In today's competitive business world, professionalism is essential for success in business development. It's not just about looking the part or offering confident greeting—professionalism is an attitude that influences every interaction and decision. It helps to build trust, strong relationships, and credibility. Demonstrating professionalism can open doors to new opportunities, while its absence can hinder our growth. There are various ways to display professional conduct, and there are steps we can take to improve our professionalism.

One of the key elements of professionalism in business development is communication. Clear and respectful communication is important because it prevents misunderstandings and builds lasting relationships with clients, partners, and colleagues. Good communication is the foundation of trust and teamwork. As Nelson Mandela once said, *"If you talk to a man in a language he understands, you speak to his head. If you speak to him in his language, you speak to his heart"* this insight seems even more true today. In a business setting, this fact means adapting communication style to suit our audience, demonstrating empathy, and considering their point of view. It highlights the importance of not only sharing information but also establishing an emotional connection, which is essential for building trust and nurturing strong relationships.



## Nelson Mandela once said

*"If you talk to a man in a language he understands, you speak to his head. If you speak to him in his language, you speak to his heart"*

At its core of professionalism is being reliable and keeping promises. Meeting deadlines and taking responsibility for our actions shows we can be trusted. Trust is necessary for building long-term business relationships. A breach of trust can have far-reaching consequences, eroding relationships and damaging reputations. Whether caused by miscommunication, unmet expectations, or unethical practices, a loss of trust can result in strained interactions, lost business opportunities, and diminished morale.



*"Acting with honesty and transparency is essential in building trust and fostering strong relationships in any business environment"*



Integrity is key to professionalism—it helps build trust and respect with everyone we work with. It means doing the right thing, even when it's hard, and making sure that our business practices follow ethical standards. Acting with honesty and transparency is essential in building trust and fostering strong relationships in any business environment. For example, if a project faces delays or challenges, being upfront with clients or team members about the situation and providing realistic timelines helps manage expectations and maintains trust. If we try to cover up issues or provide false information, it may temporarily avoid discomfort, but it can lead to greater problems later, including loss of trust.

Staying up to date on industry trends and market developments is key to staying relevant. Professionals continually improve their skills and knowledge, providing valuable insights to clients and partners. This expertise strengthens our credibility and ensures that we remain competitive, relevant, and well-informed about industry trends, new technologies, and market shifts. Being current allows us to make informed decisions, adapt to changes quickly, and seize new opportunities. It also helps us to stay ahead of potential challenges and avoid becoming stagnant or falling behind our competitors.

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In an ever-changing business world, it is important to be flexible and open to new ideas and approaches. Adaptability allows us to handle challenges and stay ahead in a competitive environment. A real-life example of adaptability can be seen in the way businesses shifted during the COVID-19 pandemic. Various companies which already had a video conferencing platform, saw a massive surge in demand and quickly adapted by enhancing their features and expanding capacity to meet the needs of remote workers.

Having a good professional reputation opens up new opportunities, partnerships, and business growth. It also gives us a positive sense of well-being in our daily work. If we consistently meet deadlines, produce high-quality work, and communicate effectively, our reputation will reflect these positive qualities, making us a valuable asset to our team or clients. When we act professionally, others feel more confident working with us, which leads to more successful collaborations.



Professionalism in business development is not just a collection of guidelines - it is a key part of success. By prioritizing good communication, trustworthiness, expertise, integrity, and adaptability, we set ourselves up for stronger relationships and greater achievements. Choosing Professionalism in business development is a decision that will significantly impact our success.



# Carbon Fiber Reinforced Polymer – A Growing Trend In The Construction Industry For Retrofitting Works

Thomas P (CPM- Civil) HITES

Anantha P Bhat (PE- Civil) HITES

Carbon Fiber Reinforced Polymer (CFRP) is gaining popularity in the construction industry due to its high strength-to-weight ratio, corrosion resistance, and durability.

## What is CFRP?

CFRP is a composite material composed of carbon fibers embedded in a polymer matrix, commonly epoxy. The carbon fibers provide strength and stiffness, while the polymer offers shape and protection.

Advantages of CFRP in Construction:

- **High Strength and Lightweight:** CFRP is significantly stronger than steel but much lighter.
- **Corrosion Resistance:** Ideal for marine structures, chemical plants, and bridges.
- **Ease of Installation:** Can be applied on-site without heavy equipment.
- **Fatigue Resistance:** Withstands repeated stress cycles better than traditional materials.
- **Flexibility in Design:** Can be moulded into complex shapes.

## Carbon Fiber Reinforced Polymer in retrofitting works:

Retrofitting, at its core, involves integrating new features or technology into existing buildings, systems, or infrastructure to improve functionality and performance. The scale can range from simple refits with minor modifications to a whole new interior and a complete revamp of insulation, HVAC systems, and more.

CFRP is important for retrofitting because it not only enhances the strength, stiffness, and failure resistance of existing structures but also helps in less interference with the existing structure during execution while simultaneously reducing the time when compared with other alternative retrofitting's.

It can be used to modify, repair, restore, or rebuild structures that have been damaged due to numerous factors such as loss of bond between beam and column joints, corrosion-related damage, and natural disasters etc.

CFRP composite materials have a number of benefits and drawbacks that engineers and designers should consider when choosing them for their projects:

- **Lightweight:** CFRP composites have a strength-to-weight ratio of up to five times that of conventional building materials like concrete or steel. When weight is an issue, this makes them perfect for usage in a variety of buildings including high-rises.
- **Resistance to corrosion:** CFRP composites are more resistant to corrosion, which makes them ideal for usage in environments where moisture and corrosion are present. For bridges, marine buildings, and other uses, this makes them an excellent option.
- **High initial cost:** When compared to conventional building materials, the high initial cost of CFRP-based composites is one of its main drawbacks.

- **Brittleness:** CFRP composites may behave brittlely in some situations, which restricts their use in applications that call for strong impact resistance.
- **Limited resistance to fire and Dampness:** CFRP composites may not be as resistant to fire and dampness as they could be, which would restrict their use in some environments.

#### **Retrofitting Techniques Using CFRP:**

- **CFRP Wrapping:** Continuous fiber sheets wrapped around columns or beams.
- **CFRP Laminates/Bars:** Rigid plates or rods bonded to concrete surfaces.
- **Near-Surface Mounting (NSM):** CFRP strips embedded into grooves cut into the concrete surface.
- **CFRP Grid Systems:** Mesh grids applied to surfaces for large-scale strengthening.

## CASE STUDY

### RETROFITTING WORKS IN THE EXISTING HOSPITAL BUILDING OF AIIMS BIBINAGAR AT TELANGANA

**Location:** AIIMS Bibinagar Campus, Telangana

**Building:** Existing Hospital Building

**Brief back ground:** The hospital building in the present AIIMS Bibinagar campus was established in 2009 and is currently functioning at just one-third of its overall capacity. The objective for the hospital is to reach full operation into AIIMS standard with 750 beds and the development initiative being managed by HITES is in progress.

The codal provisions for seismic design were changed in due course of time resulting in redesigning of building from seismic zone-1 to seismic zone -2. However, the building is still good enough to take the design loads coming over it.

These properties were exactly what a retrofitting structure needs, in addition it was found ideal and profound for existing hospital building as it reduces the dead loads on foundations & supporting systems. The current building's retrofitting was suggested as a solution to the seismic deficiency caused by the codal regulations.

After going through various technologies available in the industry for retrofitting, it was reached at a conclusion that retrofitting using CFRP technology is the best suiting to the requirements at AIIMS Bibinagar project.

**Blueprint - Modus Operandi:** The specialized agency which had conducted a detailed investigation on the existing structure submitted a detailed report element wise and block wise- based on which deficiency data was generated, and framing layout was checked.

It was decided to go with CFRP (Carbon Fiber Reinforced Polymer) for restoration considering the advantages and other factors. Accordingly, a specialized agency was identified, and a detailed recommendation report was prepared for the given deficiency of each structural element. The recommendation and method statement of CFRP Wrapping and Laminates for structural retrofitting was approved from IIT-Hyderabad.



Table 1:

Comparative properties of CFW 400 &amp; Fe 550D Rebar.

Properties	CFW 400	Fe550D
Tensile Strength	580,000 psi (4.0 GPa)	79,770.08 psi (0.55 GPa)
Tensile Modulus	34.8 x 10 <sup>6</sup> psi (240 GPa)	87022.6 psi (0.6 GPa)
Ultimate Elongation	1.8%	16%
Density	0.063 lbs /in <sup>3</sup> (1.8 g/cm <sup>3</sup> )	0.270 lbs /in <sup>3</sup> (7.5 g/cm <sup>3</sup> )

**IIT-Hyderabad advocating the retrofitting methodology:** The recommendation for deficiencies and method statement of CFRP Wrapping and Laminates proposed for structural retrofitting was vetted and approved from IIT-Hyderabad. IIT Hyderabad conducted a study of the existing structure and based on the data collected from exiting hospital building and similar other projects before reaching a conclusion and vetting the retrofitting proposal of existing building in AIIMS Bibinagar campus.

**Conclusion:** Technology-oriented applications are becoming more important in today's world and the use of technological processes continues to grow rapidly, day by day. Composite materials are rapidly replacing traditional metals in engineering because of their superior mechanical properties. The best strength to weight ratio, remarkable mechanical, electrical, thermal, and chemical qualities have made carbon fiber reinforced composites the most successful of all composite materials.

CFRP is transforming retrofitting projects by providing a lightweight, durable, and efficient solution for strengthening ageing infrastructure. This practice of retrofitting is very ubiquitous in the construction industry. They are also known as the superheroes of the material world.

# Medical Jurisprudence in India: Bridging Medicine and Law

Hemlata Ranga, Deputy Manager (Legal)

Medical jurisprudence, also known as forensic medicine, is the intersection of medical science and law. It plays a crucial role in ensuring justice by providing medical evidence in legal cases. In India, medical jurisprudence has evolved significantly, integrating ethical medical practices with legal principles to address disputes related to medical negligence, criminal investigations, and medico-legal cases.

## Historical Perspective

The roots of medical jurisprudence in India can be traced back to ancient legal texts such as the Manusmriti and Arthashastra, which mention the role of medical professionals in crime investigations. With the advent of British colonial rule, structured forensic medical practices were introduced. Today, medical jurisprudence is an essential part of India's legal and healthcare framework.

## Key Areas of Medical Jurisprudence

1. **Medico-Legal Cases** – Involves medical examinations and forensic reports used in criminal and civil litigation, including cases of murder, sexual assault, and unnatural deaths.
2. **Medical Negligence** – Doctors and healthcare providers can be held accountable for negligence under laws such as the Consumer Protection Act and Indian Penal Code (IPC) Sections 304A and 337.
3. **Consent and Medical Ethics** – Informed consent is a key aspect of medical practice. Ethical medical conduct is governed by the Indian Medical Council (Professional Conduct, Etiquette, and Ethics) Regulations.
4. **Post-Mortem Examinations** – Autopsies provide critical evidence in criminal investigations to determine the cause of death.
5. **Toxicology and Poisoning Cases** – Medical jurisprudence helps identify toxic substances and guides legal proceedings in poisoning cases.
6. **Organ Transplantation Laws** – The Transplantation of Human Organs and Tissues Act, 1994, regulates organ donation and transplantation to prevent illegal organ trade.
7. **Mental Health and Law** – The Mental Healthcare Act, 2017, ensures the rights of mentally ill individuals and provides legal protection and treatment guidelines.

## Legal Framework in India

**Medical jurisprudence in India is governed by various laws, including:**

- **Bharatiya Nyaya Sanhita (BNS)** – Defines offenses related to medical negligence, criminal liability of doctors, and medico-legal obligations.
- **Criminal Procedure Code (CrPC)** – Guides police and judicial authorities on medico-legal examinations and evidence collection.



- Consumer Protection Act (CPA), 2019 – Provides patients with a legal pathway to seek compensation for medical negligence.
- Drugs and Cosmetics Act, 1940 – Regulates the manufacturing, distribution, and sale of medicines and medical devices.
- Medical Termination of Pregnancy (MTP) Act, 1971 – Defines abortion rights and legal procedures in India.

## Challenges and the Way Forward

**Despite its importance, medical jurisprudence in India faces several challenges, including:**

- Inadequate forensic infrastructure
- Shortage of trained medico-legal professionals
- Delayed medico-legal reports impacting investigations
- Ethical dilemmas in medical practice

To strengthen this field, India needs better forensic facilities, specialized training for medical and legal professionals, and stricter enforcement of medical laws.

Medical jurisprudence serves as a vital link between medicine and law, ensuring justice and ethical medical practice. With advancements in forensic science and legal frameworks, India is steadily progressing in integrating medical expertise into its judicial processes. Strengthening this discipline will enhance medical ethics, improve legal outcomes, and uphold the integrity of the healthcare system.



# Silent No More: A Survivor's Fight for Justice and Change

Rajni Bajaj, Project Associate (PCD)

Stop ! You can't do this, ordered my confused mind. Go ahead ! You are at the edge of losing your game, nothing will work out, exclaimed my heart. At the moment of losing everything and having nothing was the situation of mine. The scariest of nights, the darkest of days, the fearful eyes and above all the burden of silence were few of the things that I, only I was going through. The sound of the statements that I never wanted to hear , the violent touch of the hands that I never wanted to feel , the most excruciating situation that I never wanted to face was actually experienced, experienced by me..... Everything was dull and dark at that very moment of night when the whole world turned upside down for me and my heart got shattered into pieces. The voice of breaking down was very much audible to me and to those who felt the same. " Is this place a safe place to live in, Am I free to go alone wherever I want, can I hang out with my friends which consists of both boys and girls, can I wear whatever I wish to ? " are very common questions asked by each and every girl living in this world.

But now the world has changed, though with time everything changes but this change is not for our good, it is good for those who think they are free to do anything to any girl walking alone in the streets, driving vehicles, sitting at the back seat, arguing for their rights with the spirit of fight. The time when i was held back with my friend in a bus, clutched into the dirty hands of the most disgusting animals, juggled between the bloody hands of the shameless, non merciful hawks, who for a second could try to understand my pain, my tears.... but No they did not because they were the wolves. They were those bloody souls who be-fooled their mothers, sisters and every other girl who they doubtingly had even once respected.

Such a shame it is, to even refer them as souls because the way they behaved with me and the situation they had built for me could never ever be imagined by anyone until that thing happened to me. I feel shameful, not because i was wearing western clothes according to the society, or I was going back home with my friend at night or because of my situation.... I just feel shameful because I was left alone, unrecognized by many people for many hours, helpless, naked, shivering in pain, crying for help but nobody came. With the help of few good and genuine people who should be called so are there out amongst you all, who came and helped me. I was rushed to the hospital in a speedy ambulance with every pain. The doctors were buffled, shocked and disgusted by watching the wounds all over my body, but still I did not lose hope.

Though every breath of mine was counted, counted in pain but my courage was not wounded and I fought to survive to show them their place. The doctors were moved, by watching my wounds, but I did not move because I had to tell the truth. My parents were called, my mother, father, brother, sister were all doomed..... doomed by looking at my situation.... looking at me, who was fighting each and every second. The tears that were flowing continuously over cheeks of each and every person who was present inside the room made me feel their wound. The wound that was not physically attacked but which was created deep inside their hearts because of those dogs. How powerful they would feel , by using me, playing with every part of my body, leaving me to die and making my loved ones feel that they cannot rely. But 'NO' they are mistaken, because I am not the one who will remain silent. I will speak, speak for every girl, who has faced such situation and could not face the society, I will speak for every mother , who had silently accepted the fact that she cannot be heard, I will speak for every father who



feels that if he voices out, his daughter will be mocked at, I will speak for every brother who feels that if he talks about his sister, he will be laughed upon. I will speak for myself. I do not need anyones' mercy, nor do I need anyones' sympathy, what I need is your support. The support that will scare every dirty thought which is building inside any other wolf. I need you all to change your thinking for the better, I need you all to believe that 'We the Girls' are not less, less than any other boy.

If the boys have the ability or the guts to harm us then we do have the ability to voice out and fight for our right. Things will remain the same and will last forever if you all will shut your mouth and ignore the victim as if nothing has happened. Though they crushed every part of my body, though they had beaten up every bone of my body but they could not beat up my hope. The hope that lasted till my last breath to have justice and give justice to every girl who was foamed over a fake and lost identity.

My fight will not end till I get justice for each one of us, it will not end till those dogs will be hanged to death, it will not end till every other wolf gets shivered watching the treatment of four of the members of their pack. Although my fight has got its recognition by hanging the one who should never ever be born again, but it will only get completed when each one of you will start thinking from a respectable heart for each other, when this constitution of humanity will make no late decisions or false statements to make the heap of garbage grow or make the victims realize that they have lost their fight for which they had some hopes and above all, it will get completed when each and every girl would feel free and undaunted from the taunts of the society and from the ones who still think that they are powerful.





# Old Delhi: The City I Was Born In – A Journey Through Time, Taste, & Tradition

Khalid Riaz, SM (PMC)

One can be taken out of Old Delhi, but Old Delhi cannot be taken out of one, simply because the city is a paradise for foodies, fashionistas, tourists and history buffs alike.

Known as Shahjahanabad during the Mughal era, the city became 'Dehli' as time passed.

According to etymologists, 'Dehli' is derived from the Persian word 'Dehleez' (threshold) as the city housed the resting places of several Sufi saints — Qutbuddin Bakhtiyar Kaki (1173-1235), Hazrat Shah Turkman Bayabani, Muhammad Nizamuddin Auliya (1238 – 1325) and Naseeruddin Chirag-e-Dehli (1274-1356), to name a few.

Hindi adopted the city's name as 'Dilli.'

It comes alive at night, particularly in Ramdan, with 'meaty' deals galore at Jama Masjid and the adjoining areas.

With the aroma of sizzling shish kebabs permeating the narrow lanes, the melodious call of Adhan complementing the distant chime of temple bells, e-rickshaws skilfully navigating the labyrinthine streets — Dilli is my birth place, my childhood playground.

A breathing museum of history and heritage and a culinary hub, the city boasts grand havelis, bustling bazaars, and historic mosques, standing as testaments to Old Delhi's glorious past.

The Red Fort, built by Mughal emperor Shah Jahan, with its sandstone walls, stands tall as a silent witness to revolutions and revelry. At a short distance, Jama Masjid, one of India's largest mosques and an architectural marvel, offers serenity amid the organized chaos.

The Mughal legacy is not only preserved in the grand architecture of Old Delhi but also showcasing its culinary legacy, every street corner offers a unique flavour.

As if the city's soul lives in food, the overwhelming variety of dishes, perfected over centuries, beckon visitors eager to tickle their taste buds.



One cannot resist the temptation while passing through the vibrant lanes, where the aroma of sizzling tikkas and haleem fills the air.

There is no dearth of fine dining establishments, time-tested budget restaurants and roadside shops in Old Delhi. The oldest of them perhaps is Karim's, founded in 1913 by the descendants of the royal chefs.

Their kebab, nihari, qorma, qeema, paaya, cooked with secret spices and eaten with the soft tandoori roti melt in the mouth.

Every morsel carries a sense of history, almost transporting you to the grand feasts of the Mughal era.

Food connoisseurs will tell you that some of the best kebabs can be found at Sangam Corner in a busy lane near Hamdard at Lal Kuan.

On one hand, they offer juicy seekhs that are crisp on the outside and soft inside. On the other, their boti kebabs create a riot of flavours.

Qureshi Kebab Corner, another point, knows the art of grilling meats to perfection. Their Kebabs are a delicacy, and cream-rich reshmis stand out for their buttery texture and spices.

Enjoying the legendary status, Aslam Butter Chicken has the signature dish of tandoori chicken. It is generously coated with butter and creamy yogurt sauce, making it a perfect indulgent meal.

Nihari, an age-old Mughlai fare, is the most prominent feature of the mornings of Old Delhi. This slow-cooked mutton stew, enriched by marrow and a blend of spices, was once the breakfast of emperors. Shabrati Nihari in a narrow lane at Chitli Qabar serves the dish with khameeri roti.

Foodies from New Delhi don't mind the inconvenience of the usual heavy traffic jams to reach out there. The delight it offers lingers long after the meal finishes.

Old Delhi's biryani is the flagbearer among the many variants. Its rivals, Hyderabad or Lucknawi, Moradabadi or Malabari, accept its supremacy simply because the rice is infused with the essence of saffron, offering an

intoxicating aroma. Several shops at Matia Mahal sell biryani at reasonable rates. It goes with tangy raita.

Haleem, another traditional dish, is slow-cooked with wheat, lentils, and spiced meat until it reaches a smooth, porridge-like consistency. It is a must-try at Bade Miyan and Gali Kababian points.

Old Delhi, however, is not just about gastronomy.

Chandni Chowk, developed by a Mughal princess, bustles with traders all day long. It starts from the Red Fort. The majestic Fatehpuri Masjid on one end and the serene Gurudwara Sis Ganj Sahib on the other end of the Chandni Chowk take care of your spiritual craving. Khari Baoli, at the end of the Chandni Chowk, offers the best dry fruits, spices, and grocery items. The Dareeba Street that begins from Chandni Chowk has a hundred or so jewelry shops, carrying stories of generations.

Also in the market are shops for wedding items such as sehra and sherwani for grooms. Nai Sarak is the hub of school and college book shops. The chaotic Chawri Bazaar is the place for brassware and paper merchants.

A visit to Old Delhi is incomplete without stopping by the Meena Bazaar. Every corner in Ballimaran, where Mirza Ghalib once lived and wrote classic Urdu poetry, oozes with history.

Despite the modernization taking place in the capital city, Old Delhi unregretfully thrives in its alleys, highlighting its religious diversity and values. Here, history embraces modernity, and tradition refuses to disappear.

For me, Old Delhi isn't just a place—its my home. And no matter where I go, a part of me will always belong to its bustling streets and unforgettable flavours.



# Agra: A Timeless Saga of History and Nostalgia

Manoj M, PE (E)

Travel is more than just reaching a destination; it's about the experiences, stories, and memories that linger long after the journey ends. My trip to Agra, home to the iconic Taj Mahal and the historic Agra Fort, was a truly unforgettable experience. It was a blend of history, stunning architecture, and personal nostalgia. Though it happened eight years ago during an official visit to Delhi in the sweltering heat of April, every detail remains vivid in my memory. A senior colleague accompanied me, and since it was a brief trip, we opted not to make reservations, instead catching a local train. The train was packed, but the scenic landscape kept us engaged as we made our way to Agra Cantonment Railway Station, the closest station to the Taj Mahal, eager to witness the magnificence of Mughal history.

We arrived at the Taj Mahal around 11 am, already feeling the intense heat of the day. After a quick sip of mineral water and a taste of kheer masala, we passed through the grand entrance.



The first sight of the Taj Mahal took my breath away. The symmetrical gardens stretched out, perfectly framing the magnificent mausoleum. The central dome, flanked by four towering minarets, was a sight to behold, embodying a beauty that seemed to transcend time.

As we walked through the main gate, something unusual caught our attention – a film crew in the midst of shooting. A man wearing a cap and dark sunglasses, probably the director, was directing the lead actress and her co-stars. A crowd had gathered, eager to catch a glimpse of the filming. At that moment, we didn't know





what the shoot was for, so we continued exploring the Taj Mahal. It wasn't until later that I saw the ad on TV – it was for the well-known skincare brand. The realization struck me immediately: I had witnessed the filming of that commercial. Now, whenever that ad airs, I smile with pride and eagerly share the story with my family and friends.

Despite the summer heat, the Taj Mahal was filled with tourists from all corners of the world. Stepping inside, the coolness of the marble floor was a welcome relief from the intense heat outside.

The interior of the Taj Mahal radiated a serene ambiance. The focal point of the interior was the exquisitely carved tombstones of Mumtaz Mahal and Shah Jahan, encircled by elaborate marble screens adorned with delicate floral engravings.

The walls were embellished with precious stones arranged in intricate patterns, while the ceiling boasted detailed designs that beautifully reflected the light. The

most enchanting feature, however, was the echo within — even the faintest sound reverberated gently.

Despite the crowds, an undeniable sense of calm prevailed, drawing me into the deep historical roots of this monument of love.

Built by the Mughal emperor Shah Jahan in honour of his beloved wife Mumtaz Mahal, who passed away in 1631, the Taj Mahal was conceived as a symbol of eternal love. Construction began in 1632 and took approximately 22 years to complete, with the help of around 20,000 artisans and workers. Skilled craftsmen from India, Persia, and the Ottoman Empire contributed to its magnificence.

The white marble structure is not merely a tomb but a pinnacle of Mughal architecture, blending Persian, Turkish, and Indian styles. Intricate carvings, calligraphy, and inlays of semi-precious stones enhance its splendour. The entire complex, with its lush gardens and reflective pool, is designed to evoke a celestial vision on earth.

The Taj Mahal remains a timeless emblem of love and architectural brilliance, drawing millions of visitors each year. After spending some time there, we made our way to Agra Fort. Also known as Lal Qila (the Red Fort of Agra), this massive fort is primarily constructed from red sandstone. Following the completion of the Taj Mahal, Shah Jahan was overthrown by his son Aurangzeb in 1658 and imprisoned in the Mussamman Burj of the fort. From this vantage point, he spent his last years gazing at the Taj Mahal, the final resting place of his beloved wife. After the Mughal Empire's decline, the fort was seized by the British in the 19th century and repurposed as a military base. Today, Agra Fort stands as a UNESCO World Heritage Site and continues to be one of India's most significant historical landmarks.

After admiring the stunning architecture of Agra Fort and capturing some photos, we decided it was time to head back to our accommodation in New Delhi.

Boarding the local train turned out to be an adventure on its own. The compartment was overcrowded, and the summer heat made the ride quite exhausting. Yet, despite the discomfort, I couldn't help but feel a sense of contentment and joy. The day had been truly unforgettable — from witnessing the timeless beauty of the Taj Mahal to strolling through the magnificent halls of Agra Fort. As the train rumbled through the darkened landscape, I leaned back, lost in thought, savouring every moment of the journey. It was an experience that will remain with me always.





# An Exuberant Expedition

Dinesh Kumar V, Chief Project Manager (Electrical)

We were thinking about a team with family travel for months. Had so many discussions for various destinations. Hills stations, Wild sanctuaries, beaches came to our minds. Since it was a tourist season, room availability was very less. Atlast we got accommodation for the team on the stipulated dates for one of the most beautiful destinations in Kerala, the Wagamon, 1100M above sea level. The land of misty mountains, lush green meadows, and tea estates make it such a serene and picturesque spot for a family getaway.

After much planning and anticipation, the long-awaited day finally arrived. We started our journey on 13th January 2024 with our dear ones. After years of enduring the hardships brought by COVID, office workloads, and mental stress, it was finally time for a break—a joyful journey with family and friends. A group of about 60 people, including young children of 6 months and middle-aged individuals, set out on this much-anticipated trip.



The journey began at 5:00 AM in an air-conditioned bus, departing from the office. Everyone's faces lit up with excitement, their thoughts filled with the breathtaking landscapes and vibrant sights they were about to witness. After breakfast, no one succumbed to laziness. Instead, the rhythmic waves of fast-paced music playing on the bus got everyone dancing. One by one, the knots of stress began to loosen.

Soon, the bus started winding through the curvy roads of the Malampara region in Idukki. The chatter inside never ceased. The younger ones danced energetically, their enthusiasm growing with every beat. By noon, we reached Kolahalamedu. Hunger had begun to set in. After lunch, the bus continued its journey through dense forests and winding mountain paths.

We could reach our destination, the Grasmere Resort only by at 3.00 PM, because of the heavy weekend traffic block. The weather was absolutely amusing. Everyone took a short break to relax and shake off the fatigue of travel. The resort was perched on an elevated area, offering stunning views of lush tea plantations and distant rolling hills from the rooms.



Gradually, the excitement intensified. A beautiful infinite swimming pool invites us to unwind and soak up the sun. The ultimate in leisure and recreation for each one. Everyone jumped in, and soon, all lingering stress melted away in the cool water. Some swam to their heart's content, while others dived deep, playfully startling their friends. Others floated calmly on the surface, lost in the moment. The joy and thrill of the experience stretched on till evening.





Even after leaving the pool, conversations about the experience seemed endless. Though everyone returned to their rooms, small groups continued chatting and laughing without a hint of tiredness. Meanwhile, another stage was being set up for the night’s festivities—the campfire. As the wooden logs slowly ignited, the cold night air softened, and the stage was set for showcasing hidden talents—singing, dancing, and more.



As music blended with rhythmic movements, inhibitions disappeared. With every sip of warmth, feet and bodies moved faster, all in perfect sync. Yes, this was the moment everyone had longed for—a time to forget worries, let go of mental burdens, and immerse in pure joy. Even as the fire dimmed late into the night, no one felt like leaving. That’s the magic of happiness.

Finally, after a long and lively session of dance and music, the celebrations came to a grand end. The clock had already marked the beginning of the new day.



## A New Rise and Shine.....

At dawn, a soft mist descended, covering the distant hills in a veil of white. Through the glass windows, the landscape appeared as if frozen in time, with patches of greenery peeking through—a vast expanse of tea gardens sculpted so beautifully that no number of pictures could do justice to their charm. Even the sun seemed reluctant to rise, as the morning remained shrouded in dim light.



prevailed—no blaring horns, no city chaos. What a peaceful morning! Just a breath of this fresh, unpolluted air was enough to cleanse the soul. With every step, the body felt lighter, as if a reset button had been pressed.

Flowers of various hues bloomed along the way—it was the season of spring. The mind filled with picturesque views, each sight more mesmerizing than the last.

## Exploring Kolahalamedu.....

After breakfast, the journey resumed toward a famous destination—the paradise of travelers and a favorite location for filmmakers, Kolahalamedu. Rows of towering pine trees stood in perfect alignment, their disciplined formation a sight to behold.

The terrain was unique, layered with flat lands and pathways bustling with small vendors. It was a busy hour, with visitors eagerly taking photos and enjoying the whispering sounds of the pine trees. We even spotted locations where famous movie scenes were shot, sharing stories as we moved on.

Next, we arrived at a thrilling adventure spot—a lake nestled between rolling hills, where boating was an option. Some ventured toward a free-fall ride. The instructor calmly explained all safety aspects, showing no hesitation. With an excited scream, they soared up, only to plunge down at the same thrilling speed—again and again.

# The Glass Bridge .....

Perhaps the most exhilarating experience of the trip was walking on the glass bridge. Suspended high above a deep valley, it offered a dizzying view of treetops far below. Only the brave dared to step on it. Some crossed with confidence, while others hesitated. But standing at the farthest edge, for a moment, it felt like floating in the sky. The rush to take selfies was endless—it was a memory to be cherished forever.

After all the excitement, hunger finally made its presence known. Lunch was delayed until 4 PM. But even then, the joy of the journey overshadowed our appetite.

## The Return Journey .....

As the trip came to an end, the return journey was anything but quiet. The bus speakers had no time to rest. With lively beats filling the air, dancing continued till the very last moment. No one wanted to slow down.

And just like that, a trip filled with unforgettable sights and precious memories came to a close. But this was not the end—another adventure awaited in the future. Until then, we would cherish these moments and look forward to the next journey...!!!!





# राजभाषा हिंदी की संवैधानिक स्थिति

हेमा वी एस, राजभाषा अधिकारी

भारत की संविधान सभा ने 14 सितम्बर, 1949 को देनागरी लिपि में लिखित हिंदी को देश के राज-काज चलाने के साथ-साथ केंद्र व राज्यों के बीच संपर्क बनाए रखने की भूमिका निभाने का दायित्व सौंपकर उसे संघ की राजभाषा के रूप में अंगीकार किया था इसलिए हर वर्ष 14 सितम्बर को हिंदी दिवस के रूप में मनाया जाता है।

संविधान के 17वें भाग में राज भाषा संबंधी उपबंध दिए गए हैं जिसमें अनुच्छेद 343 से 351 तक 9 अनुच्छेद राजभाषा से संबंधित हैं जिनके अध्ययन से राजभाषा की संवैधानिक स्थिति स्पष्ट होती है।

## संविधान में राजभाषा संबंधी उपबंध:

### अनुच्छेद 343(1): हिंदी को राजभाषा के रूप में अंगीकृत करना।

संविधान के इस अनुच्छेद के अनुसार देवनागरी लिपि में लिखी हिंदी संघ की राजभाषा होगी तथा संघ में सरकारी परियोजनाओं के लिए भारतीय अंकों का अंतराष्ट्रीय रूप को प्रयोग होगा।

### अनुच्छेद 343(2): हिंदी के साथ-साथ अंग्रेजी का प्रयोग जारी रखना।

अनुच्छेद 343(2) के अनुसार संविधान लागू होने से 15 वर्ष तक यानी 26 जनवरी, 1965 तक हिंदी के साथ-साथ अंग्रेजी का प्रयोग भी होता रहेगा।

### अनुच्छेद 343 (3):

अनुच्छेद 343 (3) के अनुसार संसद को यह अधिकार दिया गया कि यदि संसद चाहे तो अनुच्छेद 343(2) में दी गई 15 वर्ष की अवधि को आगे भी बढ़ा सकती है।

### अनुच्छेद 344(1): राजभाषा आयोग तथा संसदीय राजभाषा समिति का गठन:

इस अनुच्छेद में यह व्यवस्था की गई कि संविधान के लागू होने के 5 साल बाद अर्थात् 1955 में एक राजभाषा आयोग का गठन किया जाएगा जो राजभाषा के उत्तरोत्तर विकास के लिए उपाय करेगा।

### अनुच्छेद 344 (2):

अनुच्छेद 344 (2) के अनुसार अनुच्छेद 344(1) के तहत गठित राजभाषा आयोग अन्य बातों के साथ-साथ सरकारी काम-काम में हिंदी के क्रमिक प्रयोग करने के बारे में राष्ट्रपिता को अपनी सिफारिश प्रस्तुत करेगा।

### अनुच्छेद 344 (3):

इस अनुच्छेद के अनुसार आयोग की सिफारिशों पर राय देने के लिए एक संसदीय राजभाषा समिति का गठन किया गया। इस समिति की सिफारिशों के आधार पर ही संसद द्वारा अनुच्छेद 343 की पद्धत शक्तियों का प्रयोग कर राजभाषा अधिनियम 1963 बनाया गया।

### अनुच्छेद 343: राज्य की राजभाषा या राजभाषाएं

इस अनुच्छेद के तहत राज्यों को यह अधिकार प्राप्त है कि वे अपने

यहां प्रयुक्त किसी एक भाषा को या एक से अधिक भाषाओं को अपनी राजभाषा चुन सकते हैं या चाहें तो अंग्रेजी का प्रयोग जारी रख सकते हैं। इस अनुच्छेद पर ध्यान दिया जाए तो यह स्पष्ट होता है कि राज्यों को अपनी राजभाषा का प्रयोग प्राधिकृत करने के लिए केंद्र की भांति 15 सालों तक प्रतीक्षा करने की आवश्यकता नहीं थी। वे अपनी सुविधा अनुसार किसी भी समय अंग्रेजी की जगह सभी कार्यों के लिए संविधान की आठवीं अनुसूची में उल्लेखित 22 भाषाओं (हिंदी, असमीया, उडिया, नेवाली, पंजाबी, बंगला, बोडो, मणिपुरी, मराठी, मल्यालम, मैथली, संथाली, संस्कृत, सिंधी) में से किसी भी भाषा को अपनी राजभाषा बनाने के लिए स्वतंत्र थे।

### अनुच्छेद 346: संघ और राज्यों के बीच पत्राचार की भाषा

अनुच्छेद 346 में संघ और राज्यों के बीच पत्राचार के माध्यम की व्यवस्था की गई और कहा गया कि जो भी भाषा संघ के सरकारी कामकाज में प्रयोग के लिए इस समय प्राधिकृत है, वही संघ और राज्यों के बीच पत्राचार के लिए प्रयुक्त की जाएगी।

### अनुच्छेद 347: राज्य की किसी भी भाषा को राष्ट्रपिता द्वारा मान्यता देना

अनुच्छेद 347 के तहत राष्ट्रपिता को यह अधिकार दिया गया कि वह राज्य की मांग के आधार पर किसी भी भाषा को सरकारी काम काज के लिए मान्यता दे सकता है

### अनुच्छेद 348 खंड(1) : उच्चतम एवं उच्च न्यायालय की भाषा

अनुच्छेद —348 में यह प्रावधान किया गया है कि जब तक संसद कोई दूसरा कानून नहीं बनाती, तब तक उच्चतम न्यायालय और उच्च न्यायालयों की सभी कार्यवाही अंग्रेजी में होगी। संसद और राज्य विधान मंडल के कानून के साथ संविधान के सा संविधान के तहत बनाए गए नियमों, आदेशों, विनयनों और उपविधियों का प्राधिकृत पाठ अंग्रेजी में होगा।

### अनुच्छेद 348 खंड(2):

अनुच्छेद— 348 के खंड (2) के अनुसार किसी राज्य का राज्यपाल राष्ट्रपिता की पूर्वानुमति से अपने राज्य के उच्च न्यायालय के निर्णयों, आदेशों को छोड़कर बाकी सभी कार्यवाहियों के लिए हिंदी या राज्य की राजभाषा का प्रयोग प्राधिकृत कर सकता है।

### अनुच्छेद 348 खंड (3):

अनुच्छेद —348 के खंड (3) के अनुसार यदि किसी राज्य में विधि के लिए अंग्रेजी को छोड़कर कोई दूसरी भाषा नियत की गई है तो राज्यपाल के प्राधिकार से राज्य के गज़ट में प्रकाशित विधियों, नियमों आदि का अंग्रेजी अनुवाद उनका प्राधिकृत पाठ होगा।

### अनुच्छेद 349 : भाषा संबंधी कुछ विधियों को अधिनियमित करने के लिए विशेष प्रक्रिया

अनुच्छेद—349 में यह कहा गया है कि 348 (1) में उल्लेखित भाषा की व्यवस्था में परिवर्तन के लिए यदि 1965 के पहले कानून बनाया

जाता है तो उसके लिए राष्ट्रपिता की अनुमति प्रयाप्त करनी अनिवार्य होगी। राष्ट्रपिता अनुच्छेद 344 के अधीन गठित आयोग और समिति की रिपोर्टों पर विचार करने के बाद ही अपनी अनुमति दे सकते थे। तदनुसार राष्ट्रपिता की स्वीकृति प्रयाप्त करने के बाद ही राजभाषा अधिनियम 1963 ( जिसमें 348 वे अनुच्छेद में की गई कानूनी व्यवस्था में कुछ परिवर्तन सुझाया गया था) को संसद में पेश किया गया था।

### अनुच्छेद 350: आवेदन/अभयावेदन की भाषा

अनुच्छेद 350 के अनुसार भारत के प्रत्येक नागरिक को यह अधिकार है कि वह अपनी व्यथा के निवारण के संबंध में अपना आवेदन/अभयावेदन सरकारी पदाधिकारी के सामने किसी भी भाषा में प्रस्तुत कर सकता है। यह शर्त जरूर है कि अगर आवेदन संघ के पदाधिकारी को लिखा गया है तो संघ में प्रयुक्त भाषा में होना चाहिए और अगर वह किसी राज्य के अधिकारी को संबोधित है तो उस राज्य में प्रयुक्त भाषा में अनुच्छेद 350 (क) तथा 350 (ख) के द्वारा भाषायी अल्पसंख्यकों के हितों की रक्षा के लिए यह व्यवस्था की गई है

### अनुच्छेद 351: हिंदी भाषा के विकास के लिए निर्देश

351 वें अनुच्छेद में हिंदी के विकास के विषय में उल्लेखित किया गया है कि भाषा की आतमियता में हस्तक्षेप किए बिना हिंदुस्तानी और अष्टम अनुसूची में उल्लेखित अन्य भारतीय भाषाओं की रूप-शैली और पदावली को आत्मसात करते हुए उसके शब्द-भंडार के लिए मुख्यतः संस्कृत तथा गौणतः उल्लेखित भाषाओं से शब्द ग्रहण करते हुए उसकी समृद्धि सुनिश्चित करना संघ सरकार का करतव्य होगा।

संविधान बनाने वालों की यह हार्दिक इच्छा थी कि हिंदी भारत में इस प्रकार विकसित हो कि सब उसे मान्यता दें। सभी प्रांतों के लोग इसे अना कर इसमें सरकारी कामकाज करें। हिंदी के संघीय और प्रादेशिक दोनों रूपों का उल्लेख किया गया है

### राष्ट्रपिता जी का आदेश 1952

राष्ट्रपिता जी ने संविधान के अनुच्छेद 343 के अंतर्गत 27 मई 1952 को एक आदेश जारी किया जिसमें राज्यों के राज्यपालों उच्चतम, उच्च न्यायाधीशों की नियुक्ति के अधिकारों के लिए अंग्रेजी के अलावा हिंदी भाषा और अंतरराष्ट्रीय अंकों के अतिरिक्त देवनागरी अंकों के प्रयोग को प्रारम्भिकृत किया गया।

### राष्ट्रपिता की का आदेश 1955

इस आदेश ने जनता के साथ पत्र व्यवहार, प्रशासनिक रिपोर्टों सरकारी प्रतिकाओं, संसद में प्रस्तुत की जानेवाली रिपोर्टों, सरकारी प्रस्तावों, हिंदी भाषी राज्यों की सरकारी, संघियों करारों, विदेशी सरकारों और उनके राजदूतों के साथ पत्राचार, अंतरराष्ट्रीय संगठनों के साथ पत्राचार आदि में अंग्रेजी के अलावा हिंदी भाषा के प्रयोग का प्रावधान किया गया।

### राजभाषा आयोग:

7 जून 1955 में स्थापित खेर आयोग प्रथम राजभाषा आयोग था जिसने 1956 में अपना परिवर्तन राष्ट्रीयता को प्रस्तुत किया, इस आयोग ने संघ के शासकीय प्रयोजनों के लिए हिंदी का अधिक से अधिक प्रयोग, संघ और किसी राज्य के बीच तथा राज्यों के बीच पत्राचार की भाषा आदि पर सिफारिश दी जिसके अनुसार 1957 में गृहमंत्री के प्रस्ताव पर 30 सदस्यों की एक संसदीय समिति का गठन किया गया जिसके अध्यक्ष गोविंद वल्लभ पंत थे। यह समिति पंत समिति के नाम से जानी

जाती हैं। इसने 1959 में अपना प्रतिवेदन राष्ट्रपति को सौंपा। इस समिति ने सिफारिश की थी कि 26 जनवरी 1965 के बाद भी अंग्रेजी का प्रयोग यह राजभाषा के रूप में जारी रहना चाहिए।

### राष्ट्रपति जी का आदेश 1960

केंद्रीय सरकार के कार्यालयों में हिंदी का प्रयोग शुरू किए जाने के लिए प्रारंभिक उपायों के संबंध में 1960 में राष्ट्रपति ने आदेश जारी किया जिसमें अन्य विषयों के साथ हिंदी शब्दावली के विकास के सिद्धांत और वैज्ञानिक तथा तकनीकी शब्दावली आयोग का गठन, प्रशासनिक संहिताओं व अन्य प्रक्रिया साहित्य का हिंदी अनुवार, प्रशासनिक कर्मचारी वर्ग का हिंदी का प्रशिक्षण देना, हिंदी का प्रचार-प्रसार और विकास, अधिनियमों, नियमों, विधेयकों आदि की भाषा, उच्चतम न्यायालय तथा उच्च न्यायालयों की भाषा और विधि के क्षेत्र में हिंदी में काम करने के लिए प्रारंभिक कदम उठाने के संबंध में विशेष व्यवस्था करने के बारे में निर्देश जारी किए गए।

### राजभाषा अधिनियम 1963 यथाशोधित 1967

खेर आयोग 1955 तथा पंत समिति 1957 की रिपोर्ट पर विचार करने के बाद ही संविधान के भाग 17 को अनुच्छेद 343 (3) के प्रावधान के अनुसार संसद द्वारा राजभाषा अधिनियम 1963 पारित किया गया। इसमें कुल 9 धाराएं और 11 उपधाराएं हैं।

### राजभाषा संकल्प 1967-18 जनवरी 1968 में संशोधित

राजभाषा अधिनियम 1963 का संशोधन करने के साथ-साथ संसद के दोनों सदनों ने दिसम्बर 1967 में एक संकल्प पारित किया जो 18 जनवरी 1968 में अधिसूचित किया गया। इसे राजभाषा संकल्प 1968 की संज्ञा दी गयी और यह सरकार की भाषा नीति का एक समग्र चित्र प्रस्तुत करता है। इसमें पहली बार संसद में कार्यपालिका/सरकार को निर्देश दिए कि हिंदी के प्रचार तथा विकास को राजकीय प्रयोजनों के लिए उसका क्रमिक प्रयोग बढ़ाने हेतु गहन तथा व्यापक कार्यक्रम तैयार करें और उसे कार्यान्वित करें साथ ही इस विषय में प्रगति की विस्तृत वार्षिक मूल्यांकन रिपोर्ट संसद में दोनों सदनों के पटल पर रखवाएं। तब से हर वर्ष गृह मंत्रालय, राजभाषा विभाग सरकारी कार्यालयों में हिंदी का प्रयोग बढ़ाने के लिए वार्षिक कार्यक्रम में कार्यालयों में कितना कार्य हिंदी में किया जाना अपेक्षित है, इसके लक्ष्य निर्धारित किए जाते हैं। भारत सरकार द्वारा राज्य सरकारों के परामर्श से तैयार किए गए त्रि-भाषा-सूत्र को सभी राज्यों में पूर्णतया कार्यान्वित करने के लिए प्रोत्साहित किया जाना चाहिए। हिंदीतर भाषा/भाषी क्षेत्रों में हिंदी तथा अंग्रेजी के अतिरिक्त एक आधुनिक भारतीय भाषा के, दक्षिण भारत की भाषाओं में से किसी एक को प्रथमता देते हुए और हिंदीतर भाषा/भाषी क्षेत्रों में प्रादेशिक भाषाओं एवं अंग्रेजी के साथ-साथ हिंदी के अध्ययन के लिए उस सूत्र के अनुसार प्रबंध किया जाना चाहिए।

### राजभाषा नियम 1976 यथा संशोधित 1967:

राजभाषा अधिनियम 1963 की धारा 8 के उपबंधों के अंतर्गत राजभाषा नियम 1976 बनाया गया जो 1987 में संशोधित किया गया वास्तव में राजभाषा हिंदी को कारगर एवं प्रभावी लागू करने में राजभाषा नियम 1976 एक महत्वपूर्ण दस्तावेज है। इसके नियम 5 के अनुसार हिंदी में प्राप्त प्रत्येक पत्र का उत्तर अनिवार्य रूप से हिंदी में ही दिया जाना है। इस प्रकार राजभाषा नियम के लागू होने से हिंदी के प्रयोग की अनिवार्यता का मार्ग प्रशस्त हुआ है जिसके कारण हिंदी का उत्तरोत्तर प्रयोग बढ़ रहा है। इतना ही नहीं राजभाषा नियम 1976 के नियम 12



में दी गई व्यवस्था के अनुसार राजभाषा के अनुपालन का उत्तरदायित्व किसी भी कार्यालय के प्रशासनिक अध्यक्ष को सौंपा गया है अर्थात् स्पष्ट किया गया है कि प्रशासनिक अध्यक्ष की ये जिम्मेदारी है कि वह राजभाषा अधिनियम व उसके अधीन बनाए गए नियमों का अनुपालन सुनिश्चित करें। इस प्रयोजन के लिए उन्हें उपयुक्त और प्रभावी जांच बिंदु बनाने चाहिए। दस्तावेज पर हस्ताक्षर करने वाले अधिकारी को यह सुनिश्चित करना चाहिए कि यह राजभाषा अधिनियम/नियम के अनुसार जारी किया गया है। निःसंदेह राजभाषा नियम 1976 राजभाषा हिंदी के उत्तरोत्तर प्रगति में मील का पत्थर साबित हुआ है।

संवैधानिक व्यवस्थाओं के बावजूद भी कार्यान्वयन एवं उसकी प्रगति लोगों की इच्छा शक्ति पर अधिक निर्भर करती हैं। हिंदी का प्रचार और उसका लागू होना देशहित का विषय है और जब बात देशहित की हो तो हमारी विचारधारा न तो वामपंथी होनी चाहिए और न दक्षिण पंथी, बल्कि लोकपंथी अर्थात् भारत पंथी होनी चाहिए।

## **“यूं तो हर रास्ता जाता है, मंजिल की तरफ शाने वतन के वास्ते, हर हाथ मिलना चाहिए”**

भाषा निरंतर प्रयोग से ही बढ़ती है, इससे उसमें स्वतः सहजता, सरलता और एकरूपता आती है। पूरे राष्ट्र को एक धारा में लाने और इसके विकास के लिए यह अच्छा होगा कि जितनी जल्दी हो सके, हम खुलकर अपना सारा कामकाज हिंदी में करने लगें, यह मेरी ही नहीं अपितु मुझे दृढ़ विश्वास है कि आप सब की भी यही इच्छा है।

## **“मन में होगी जब निष्ठा हिंदी की बढेगी तब प्रतिष्ठा” संदर्भ: केंद्रीय अनुवार ब्यूरो पाठ्य सामग्री**



# Nature the Sacred Mother

Aswathy Aj - (Se Civil)

*Like mother's arms that hold us tight,  
Nature cradles us both day and night.  
Her heart, the earth where flowers grow,  
She whispers softly in the breeze,  
A lullaby through swaying trees.  
She helps us grow, like rivers flow,  
Through valleys deep, through storms we go.  
In every challenge, every trial,  
She shows us how to stand with style.  
To learn, to bow, and rise again,  
Her love teaches us to never wane.  
In summer's warmth, she's bold and bright,  
With shining days and fields of light.  
She gives, she takes, she helps us see  
How to live with love, to trust, to be.  
In every challenge, in every fear,  
Her presence is always near.  
She feeds all life, from earth to sky,  
A guardian watching as we fly.  
She paints the dawn with hues so bright,  
And guides the stars away at night.  
She cradles life in tender grace,  
With earth and sun, a warm embrace.*







## Through the Eyes of Wings

Aswathy Suresh L, Asst Manager (Civil)

*When I am in the right territory, my dreams are realized.  
When God fulfilled my wish, my heart beats faster.  
I got wings from desire, and I flew through the heavens.  
The sun shines like a golden light gleaming over the sky  
From above the sky, rivers swim amazingly beautiful.  
The beauty of the mountains is majestic from sky  
The forest covers a lush green, dark and deep flora  
Through the eyes of my wings the world is vibrant  
I am free as I am in where my spirit belongs to the world  
The earth seems to be a celestial wonder beyond the world  
I danced with stars above the heavens where the hawks dare to fly  
I experienced the cosmic beauty of each planet and interacted  
And through each breath I embraced my wings like a child  
It began with a stinging cold and a great roar, like the rain.  
My wings through wind and rain lost the strength to fly  
I came to earth with a soft touch like a gentle wind  
I heard a mother's tone with care both firm and near  
But I lost in my world where the truth remains incomplete*

## मेरी कविता मेरे शब्दों में “मेरे पिताजी”

रजनी बजाज, प्रोजेक्ट एसोसिएट, पीसीडी

परियो से, तारों से, भी ऊपर जिनका जीवन है,  
ऐसे सर्वप्रथम, मेरे पिता को मेरा अभिनन्दन है,  
कहूँ अगर अपने जीवन की, उन सुखद घटनाओं की,  
मुझे स्मरणीय होता है, यह सब उनकी भावनाएं थीं,  
मुझको बंद आंखों से लेकर प्रथम बार जब गोद लिया,  
ऐसे मेरे जीवन को, मेरे पिता ने सर्वप्रथम पूरण किया,  
कभी-कभी साईकिल पर, मुझको, बैठा कर ले जाना,  
क ख ग घ से ए बी सी डी, तक मुझको पढ़ाते जाना,  
हाथ पकड़ कर चलना, और बाबा का मुझको समझाना,  
हर बुरे और अच्छे की, मुझको शिषा ओर ज्ञान दे जाना,  
कभी दोस्त तो कभी भाई, और कभी शिषक बन जाना,  
और कभी मां के जैसे गोदी में, भर भर प्यार कर जाना,  
मेरे पिता देखूँ तो कभी लगते, मुझको नारियल जैसे,  
जिसको देखूँ बाहर से, प्रतित होते कठोर से,  
जीवन के वह षण भी थे, जहां लिखती थी पिता का नाम,  
क्यों बदल गया है अब, मेरे जीवन का हर षण आयाम,  
अब नहीं मिलते आज आप, मुझे जब मैं घर जाती हूँ,  
सच में यारों बिना पिता, जीवन लगता खारा पानी है,  
जीवन के हर षण में, पिता ही प्यार दर्शाते हैं,  
कर्मों में हमें हमारे, उनके ही संस्कार नज़र आते हैं,  
करती हूँ हृदय से नमन, फिर एक बार मैं अपने पिता को,  
जिनके कारण आज धरा पर आई हूँ मैं जीन को





## ऑफिस टीम का जादू

अशविनी कुमार, प्रबंधक (पीसीडी)

जब हम सब मिलकर काम करते हैं,  
सपनों को सच करने का नाम करते हैं।  
कभी भी रुकते नहीं, कभी भी थकते नहीं,  
टीम के साथ हम कभी हारते नहीं।

हर कदम पर, हर पल साथ हैं हम,  
सपनों के लिए, हम हैं जुटे हर दम।  
दूर तक देखो, हमें दिखती है राह,  
टीम की ताकत से, हम बढ़ते जाएं साथ।

कभी चुनौती हो, कभी हो कठिनाई,  
टीम का हौसला बना है हमारी परछाई।  
मिलकर काम करें, हर मुश्किल को आसान,  
ऑफिस की टीम है, हमारी असली पहचान।

हंसी और खुशी में, सबका साथ है,  
काम की मेहनत में, हर दिल में विश्वास है।  
हमसफर हम, सपनों के साथी,  
टीम का जादू है, बस यही हमारी बाती।

एकता में शक्ति है, साथ में सफलता,  
ऑफिस टीम की ताकत से, कोई नहीं रोक सकता।  
सपने सच होंगे, जब हम साथ चलेंगे।  
टीम की ताकत से, हम ऊँचाईयों को छुएंगे।

# FACILITY MANAGEMENT SERVICES



## Services Offered

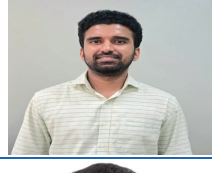
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Housekeeping, Security & Horticulture Services  
'Q' Management, Hospitality Support  
Kitchen & Canteen Services  
Manpower Services








# New Joinees and Superannuates 2024 -25

# New Joinees

Sl No.	Name	Designation	DOJ	Photo
1	Raj Kumar Sharma	DM (Finance)	09.07.2024	
2	Priyanka Sharma	DM (PCD)	02.01.2025	
3	Mukul Belwal	DM (Services)	03.01.2025	
4	Ashiwani Kumar Kasera	DM (PCD)	06.01.2025	
5	Deepanshu Goel	Sr. Manager (Civil)	06.01.2025	
6	Chitra Rajan	DGM (Fin)	14.01.2025	
7	Amit	DM (Civil)	10.01.2025	
8	Kumar Anand	DM (Civil)	10.01.2025	
9	Ganesh S	DM (Civil)	09.01.2025	
10	Ananthu Raj P R	DM (Services)	13.01.2025	
11	Krishna Chandra Swain	DGM (Elect.)	14.02.2025	



# Superannuates 2024 -25

Sl No.	Name	Designation	DOJ	Date of Superannuated	Photo
1	<b>Surender Kumar Kalra</b>	VP (PMC)	09.03.2009	31.08.2024	
2	<b>Sanjoy Mukhopaddhyay</b>	AVP (ID)	01.12.2015	28.02.2025	
3	<b>Syed Ayub Basha</b>	AVP	29.07.2019	31.05.2024	

# Shri K. Beji George, IRTS, CMD, HLL Superannuates: HITES Employees Host a Farewell



**Shri K. Beji George, IRTS, CMD (HLL),** superannuated, marking the end of an illustrious tenure. HITES employees came together to host a warm farewell, expressing their gratitude for his visionary leadership and invaluable contributions. His guidance has been instrumental in driving HLL and HITES towards excellence, and his legacy will continue to inspire the organization.



# Shri S.K. Kalra Superannuates: HITES Bids a Heartfelt Farewell



Shri S.K. Kalra, VP (IDN) & Head (PMC), superannuated after an illustrious career marked by dedication and leadership. HITES employees gathered to extend their heartfelt gratitude and bid him a warm farewell. His contributions have been instrumental in shaping key projects, and his legacy of excellence will continue to inspire the team.

हाइट्स  HITES

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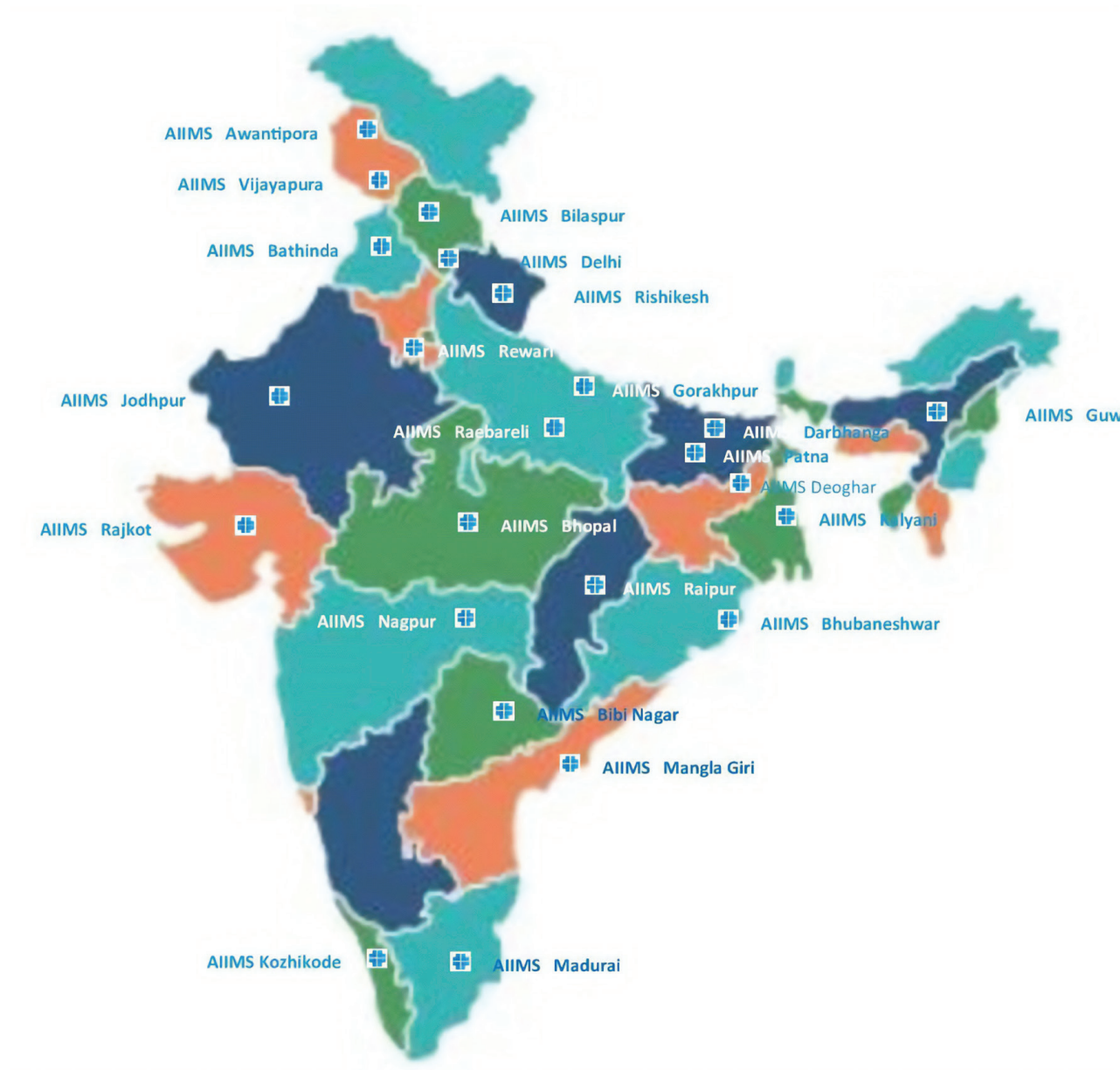




# Pan-India Outreach

# HITES, PIONEERS IN HEALTHCARE SERVICES

by Anoop Lakhera, SM (BME)



## BUILDING HAPPINESS



“

सेहत को लेकर आज हमारे दृष्टिकोण में व्यापक बदलाव आया है और अब हम रोगमुक्त होने के विचार से आगे, बेहतर स्वास्थ्य के साथ जीवन की गुणवत्ता बढ़ाने की ओर अग्रसर हैं।

**Shri Narendra Modi**  
Hon'ble Prime Minister of India



Procurement & Consultancy Division

# "NATIONAL PROCUREMENT SUPPORT AGENCY"

of Ministry of Health & Family Welfare, Government of India



## Services Offered

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Installation Testing & Commissioning





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